

The Convent Chronicle



Friday 7th July 2023

Inspiring Ambition,
Achieving Excellence

Dear Parents/Carers,

With Sea Sunday coming this weekend, it has been a week of voyages in preparation!

Firstly, the Year 11 prom, marking Year 11's voyage from school uniform to gorgeous frocks as young adults. Their beauty was unfinished by the rain as we watched them arrive in all of their glory. They had a fabulous time and thank you to Mrs Brady and her many helpers for making this happen once more. We wish them well as they await their GCSE results now.

And secondly, our new Year 7's who visited us this week starting their maiden voyage with us at Grays Convent. It was joyous to have them, watching them playing and, of course, queueing in their droves for the slush machine that has made a return at the request of the School Council.

We reflected in assembly today on the sea, and specifically prayed for seafarers, and those who live and work on and beside the sea in preparation for Sea Sunday. I was able to pray for the same on our Heads conference to Winchester last week, in the small chapel of St John the Evangelist, dedicated to fishermen. Ask your daughters about the Wellerman ballad that we listened to, and was popular on TikTok; not quite the upbeat cheery tune you may have heard. We pray this Sunday especially for those who are in danger on the sea including those seeking refuge in such dangerous conditions on our shores, and especially for those charities, like the Apostleship of the Sea, that look after them in our own port here at Tilbury.



An especial thank you goes to the NHS this week – 75 years of Service. Here's my mum and dad at 18 years old (!) in their uniform in the 60's, both nurses until they retired.



They will tell you the transformation the NHS has made to the lives of all since 1948. Happy Birthday!



Thank you for your support on the uniform drive. Year 10 have been fundamental in getting the rest of school in line.

Penny Johnson
Headteacher



Year 11 2018-2023 Prom Beauties!





Uniform recycling...



Calling all parents!

Has your daughter outgrown her school uniform? Does she have things that still have life in them but that she no longer has need for?

If so, please consider donating her old uniform and/or PE kit to the school so it can be given a new home. We are especially in need of blazers.

Thank you.

Mrs Burrow

Get the Studybugs App
the quick and easy way to report your daughter's absence



Please get the **free Studybugs app** for reporting your child's absence due to illness.

<https://studybugs.com>



Report sickness, receive guidance, help improve children's health
See what illnesses are going around
Secure system, all communications encrypted



Studybugs

Mrs Burrow

ParentPay Accounts



It is important that our Parents have a ParentPay Account, and that this account is activated. This enables parents to purchase equipment and not to miss out on school trips.

If you require another copy of your ParentPay Activation Letter then please email Mrs Wood on:

woodj@graysconvent.thurrock.sch.uk.

Finance Office

Is your daughter a musician, or a musician in the waiting?



Instrumental Lessons at Grays Convent have been very popular in the past, and we currently have a number of vacancies with our provider, Thurrock Music Services. I am pleased to be able to confirm that this year Thurrock Music Services are not increasing their prices for the coming school year. If your daughter/ward would like to undertake instrumental tuition at the School in September, we would relish the thought of arranging her tuition with a high-quality instrumental teacher.

Currently almost any instrument can be undertaken, but a sample of the most popular for students includes Flute, Clarinet, Saxophone, Trumpet, Horn, Trombone, Violin, Viola, Cello, Piano, Guitar (electric/acoustic/bass), Drum Kit, Percussion, Voice. If you can think of it, we can (hopefully) accommodate it for you. Please simply complete the form and we will do the rest.

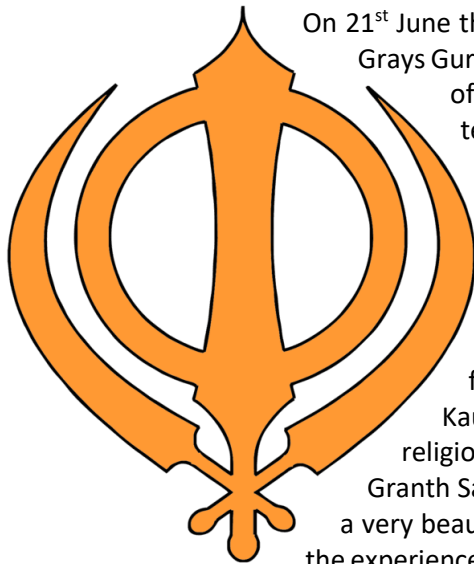


If you would like to consider tuition for your daughter in the coming School term (September), please register your interest now using the form at the link (<https://tinyurl.com/gchsmus>) or scan the QR code, and we'll start get things set-up for you.

If you have any queries about instrumental music or any aspect of music provision at Grays Convent, please don't hesitate to contact Mr White, Head of Music on whiteg@graysconvent.thurrock.sch.uk.

Mr White

Year 7 Trip to the Sikh Gurdwara



On 21st June the Year 7s went on a trip; we went to the Grays Gurdwara. It taught us all about the Sikh place of worship, instead of learning about it from textbooks we saw exactly how their services were held. It was an incredible experience. We took our shoes off and had to cover our heads as a sign of respect. Once we washed our hands we went up to where the service room was. A nice person explained to us how you follow the rules of a Sikh. Afterwards, Mrs Kaur answered our curiosities about her religion. As a treat, we got to see the Guru Granth Sahib uncovered and walk around it. It was a very beautiful thing to see, and I really appreciated the experience and chance to absorb myself into the Sikh way of life. At the end, as a treat, we went downstairs and ate some crisps and juice before we walked back.

Evie Kennard 7D

This inspiring trip told you much more about Sikh life from the 5K's to eating food! When you walk into the grand building you're welcomed like you've been there for years, it's a very grand building and beautifully decorated.

When you take your shoes off, if you look to your right you see stairs. In the room at the top of the stairs the Guru Granth Sahib is set. The room behind is the Guru Granth Sahib's bedroom, it is treated like a living human. We practiced some medication called Simran while Mrs Kaur's daughter sang and played the harmonium. It was very peaceful and made us reflect.

You get free food! Some people say this is the best part. You get to eat on the floor or stand at a table. The reason they do this is because they believe we are all equal. You get to talk with friends and friendly people. Overall, it was a really good experience, we know what it's like to be Sikh!

Amelia Lancaster 7D

A huge thank you to all who gave us such a warm welcome at Grays Gurdwara, especially Mrs Kaur and her daughters.

Mrs Gardner

Lunch Money Loans

It is with increasing frequency that pupils are forgetting their dinner money and coming to the Finance Office to loan money.

Please note that this service is provided **ONLY** in the case of an emergency where parents are unable to bring packed lunches or lunch money to the school.

We only hold a very small amount of money in here for this purpose. If your daughter forgets their lunch money we ask that you bring her money or a packed lunch to Reception.

Finance Office

Notice for Parents of Students in Years 9 & 10



Urgent! Applications for the Sacrament of Confirmation available from 24th June for Students who will be going into Years 10 & 11 in September.

If your daughter is currently in Year 9 & 10, you may wish to discuss the possibility of making their Sacrament of Confirmation. This is a free choice to confirm their faith in Jesus Christ and their commitment as His followers to participating in the life of the Church.

The application forms will be available to collect from the Catechist at the back of St Thomas's Church after all weekend Masses from the weekend of Saturday/Sunday 24th 25th June. You will be asked to choose a date for interview in July, and the Confirmation course will begin in September 2023 for students who will be in Year 10 & 11. If you or your daughter have any queries, please ask to speak to the Catechist at St Thomas of Canterbury Church.

(Students have been told about this in Forms and will also being informed in R.E. Classes.)

As always, I am also available for any queries, help or support at school. God bless you,

Miss Carson

Water Bottles



Please check your daughter's water bottle is made of plastic – NOT GLASS. Unfortunately, we have had instances of broken glass bottles which have caused a hazard in the school.

Mr O'Hanlon

Year 9 Spelling Bee Competition



Last Friday, Year 9 had a Spelling Bee competition. Each team/house had 5 students who were tasked with writing down spellings to words from the topics we have learned this year. The first three rounds were Macbeth words and the last round was on poetry. At the end of the competition, Lydia won with 35 spellings out of 40 correct. Our team (Lydia) were very excited to have won, as at the beginning we didn't think that we would. It was quite competitive and great fun.

Isabelle Gardner 9.26

Unscrambling Scrambled Words Winners

Efe Donkor
Emaan Humayun
Halle Okpala
Nuha Ahmed
Gabriella Okwar
Kushi
Goda
Fife
Joleen

Zakirah
Samira
Giulia
Arshjot
Bracken
Faith

Sophie Pasztor
Shobita Sidhu
Summer Smith-Thomas
Livia Krajcikova
Alyssa Robertson-Rudd
Jessica Rout
Riya



Kiran Saidha: "The Spelling Bee was an exciting, memorable experience. As I was participating on stage, helping to spell the words, I knew I wanted to do it again. I think it's the fun atmosphere that made it more fun. It was an engaging experience for everybody, even those not participating. I very much enjoyed this event and would hope to do it again."

Nicole C. Blankson 9L: "I loved participating in the Spelling Bee. The anticipation when waiting for the scores to be put up and the ecstasy when we won was a feeling of great achievement."

Alice Prayle 9M: "It was very well organised and was a fun thing to do. I was taking part in Esther and I found it very fun and competitive. The teachers did a really good job on this."

Dimi 9T: "I loved the Spelling Bee Competition because I got to participate and I learnt a lot of new words that will be helpful and also that will improve my vocabulary. It was also a fun experience because I had to spell words with my teammates."

Alix S. 9E: "The Spelling Bee was amazing. It was extremely perky the entire time. Especially from the thrills of seeing how many words each house got. I was only in the audience but the girls who went for each house did a fantastic job."

Zoe Okojie 9T: "The Spelling Bee was a great event, I enjoyed being one of the contestants in the Spelling Bee. I was able to work with peers and use our knowledge."

Aleeya Raji 9L: "I felt nervous during the Spelling Bee as I was one of the contestants and I was also excited. It wasn't boring, rather it was quite momentous. Moreover we won!"

Mary Olasehinde 9L: "The Spelling Bee was an educational event that helped people improve on their spellings. Even if you were still in the audience it was exciting waiting for the results from each house."

Jaya Kaur 9D: "The Spelling Bee was fun because it was very interactive and inclusive."

Magdalena Wawrzynczak 9L: "The Spelling Bee was a very good experience for both audience and contestants. It was fair and everyone enjoyed it!"

Goda 9L: "I liked the challenge where we had to unscramble the words."

Kehinde 9L: "I loved how hectic the Spelling Bee was towards the end of each round and I enjoyed unscrambling words. It was a really great experience"

Jasmine Aujla 9M: "The Spelling Bee was fun and interesting. Everybody got to participate and learn spellings of words that they might have even not known."

Shanai: "I enjoyed the Spelling Bee. The Scrambled Words were very challenging."

Victoria 9.23: "The Spelling Bee was a great event. I enjoyed unscrambling the words with my friends and my house won!"

Favour 9E: "I loved the Spelling Bee and unscramble the words was fun."

Summer Smith: "I loved unscrambling the words with my friends, it was very fun and entertaining!"

Shobita 9M: "I had fun, I learnt new words and everyone was engaged."

Alexia Dos Santos-Linehan 9T: "It was a great event and I am happy we won!"

Riana Mjekiqi: "The Spelling Bee was a very exciting and interesting event!"

Miss Petrova

Silver Deputy Headteacher's Award

Many congratulations to the following students who have reached in excess of 400 achievement points this week. Year 8 students had the highest number of students this week who obtained this award:

Frankie Dowler 7D
Millie-Anne Mansfield 7D
Chelsea Nyoni 7D
Sara Zadran 7D
Wishma Rai 7E
Demilade Abiade 8E
Nour Arif 8E
Syeda Tasnim 8E
Grace Thomas 8E
Mariam Chowdhury 8L
Isabella Finley 8L
Yeaneevaa Koroma 8L
Chisom Lemeh 8L
Nisam Limbu 8L
Evelyn Nakalembe 8L
Zara Omoregie 8L
Manal Areeb 10.1
Kaye Cabrera 10.1
Veronica Thomson 10.1

The Silver badge and certificate were presented to the students in the Year Assemblies.

Bronze Assistant Headteacher's Award

Congratulations to the following students who have reached in excess of 200 achievement points this week:

Ghaniyaha Rashid 7D
Giulia Ionita 9.24
Zoe Okojie 9.25
Mercy Ladenika 10.34
Harisha Karnan 10.35
Itunnu Adewa-Faboro 10.36
Shivaani Krishikumar 10.5

The students received their bronze certificate and badge in the school assemblies.

Well done to all of the students.

Mrs Bishop

Hurray! Youth Gather returns!

For students currently in
Years 8, 9 & 10.

**BCYS Youth Gather, 21st-22nd October,
Essex Outdoors on Mersea Island**

This is a very popular event with schools across the Diocese, so book now to avoid disappointment.

Youth Gather is back for 2023 and the BCYS are absolutely thrilled to be joined by the fantastic Adenike, semi-finalist on the voice, who many of you will have seen perform and heard from at Flame back in March.

Taking place at Essex Outdoors on Mersea Island, there is cabin accommodation and a brilliant range of outward bound activities, opportunities for climbing high ropes, archery, zip wires and much more to keep you challenged and entertained, plus performances, input and workshops from Adenike and the SVP! All meals are included, plus two Mersea activities, 2 BCYS workshops, accommodation and travel to and from Mersea Island – all of this for just £70!

The event is open to those who will be in school Year 9 and above next term including opportunities for young leaders (age 18 and above) in the Brentwood Diocese. Apply now at: www.bcys.net/events/yg23/

Miss Carson

**The Den! An online engagement
opportunity for 11-16 year olds with
SEND**

**CALLING ALL YOUNG PEOPLE AGED 11-16 - WE WANT
TO HEAR FROM YOU!**

The Den is an informal virtual hangout for young people aged 11-16 providing an opportunity for young people to share their experiences and work together to improve services for young people with Special Educational Needs and Disabilities, living or attending education in Thurrock.

Meeting via MS Teams from 5.30pm on the following dates:

Wednesday 17th July 2023
Friday 29th September 2023
Tuesday 31st October 2023
Monday 13th November 2023
Wednesday 13th December 2023

You can join 'The Den' and participate in regular online meetings and share thoughts and feelings on our online pinboard. Parents and / or guardians must complete this online registration form:
<https://forms.office.com/e/xECdu8uE5A>

Thurrock Children's Services

Subject News...



Computer Science

Central Processing Unit (CPU)

What does the program counter do?

It holds temporary data and instructions

It temporarily stores operations performed by the ALU

It counts the number of programs that run on the computer

It holds the address of the next instruction to be executed

Answer: It holds the address of the next instruction to be executed.

Mr Burr



Food

This week our Year 9 students made profiteroles, and our Year 7s made Ginger biscuits. Looking delicious!



Miss Caruana

Thurrock's Next Top Boss visit c2c Headquarters in London



Last week the girls who won Thurrock's Next Top Boss travelled into London to present their proposal to the big bosses at c2c Headquarters. Alyssia Gorte Clarke, Poppy Adams, Simone Owiredu, Jasmine Aujila and Jessica Rout showed professionalism when asked to present their ideas to Rob Mullen MD and Ben Martin Commercial and asset manager.

The girls have been given a time-frame in which their C2Sanitary will be up and running in all Thurrock's train stations.

Well done ladies.



Ms Boller

Safeguarding our Children at Grays Convent

At Grays Convent our Designated Safeguarding Lead (DSL) is Mrs Collis, and our Safeguarding Officers are Mrs Wells and Mrs Bishop. Students can contact any of our Safeguarding Team during the school day.

Worried about a child?

You can phone or write to The MASH about your concerns. Phone immediately if you believe it is urgent.

- Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: **01375 652802**.
- Emergency Duty Team (for out of hours) **01375 372468**.
- Police Child Abuse Investigation Team **01277 266822** or call **999** if you are concerned a child needs immediate protection.
- Childline **0800 11 11** www.childline.org.uk
- NSPCC **0808 800 5000** www.nspcc.org.uk; www.facebook.com/nspcc

Mrs Collis

Internet Safety Tip - Tik Tok



How do I report a problem?

If you feel someone is harassing you or otherwise being inappropriate you can report them or a specific video to TikTok's dedicated moderation team in the app. You can also report via the web form - tiktok.com/legal/report/feedback

To report a specific user:

- Access the user's profile
- Tap on the **three-dot** menu in the top-right corner
- An option saying **report** will come up
- Follow the on-screen instructions

To report a specific video:

- **Hold** your finger on the video
- Tap **report** and follow the on-screen instructions

TikTok also works with the **Professional Online Safety Helpline (0344 381 4772 or helpline@saferinternet.org.uk)** If you're a professional working with children and you come across content that you do not think should be on TikTok, you can call or email POSH. The team will then report the content directly to TikTok's Trust and Safety to take action.

Mr Burr

Pope Francis - Tweet of the Week



Pope Francis  @Pontifex · 5d

Holy women and men do not have easier lives than others. On the contrary, they are often objects of opposition. But through [#prayer](#), they nourish the flame of their faith, as oil used to do for lamps. And thus, they move ahead walking in faith and hope.

412

1,101

6,270

306K



Spelling Bee

Prepare for "*Excellent spelling!*" at **Spelling Tests**, **ASSESSMENTS** and *Spelling Bee!*

3 SPELLING BEE COMPETITIONS THIS YEAR

For Year 7- **Autumn Term**

For Year 8 - **Spring Term**

For Year 9 – **Summer Term**

Get ready! – Week 32

FOR YEAR 7	FOR YEAR 8	FOR YEAR 9
invincible	cunning	oppressed
legible	abjure	considerate
possible	austerity	compassionate
responsible	idolatry	remorseful
reversible	edict	petulant
susceptible	transpose	submissive
tangible	perjure	boastful
terrible	trifle	exploitative
adorable	gallant	prejudiced
agreeable	condole	vulnerable

For Year 8: **A MIDSUMMER NIGHT'S DREAM**

mirth: great merriment. "Awake the pert and nimble spirit of mirth."

melancholy: a feeling of thoughtful sadness

pomp: ceremonial elegance and splendour. "With pomp, with triumph, and with reveling."

vexation: anger produced by some annoying irritation

feign: make believe with the intent to deceive "With feigning voice verses of feigning love"

trifle: something of small importance

cunning: crafty artfulness, especially in deception. With cunning hast thou filched my daughter's heart,

filch: make off with belongings of others. With cunning hast thou filched my daughter's heart,

entreat: ask for or request earnestly. I do entreat your Grace to pardon me.

befall: become of; happen to



For Year 9: **AN INSPECTOR CALLS**

oppressed: subject to harsh and cruel treatment by those in power; syn.- abused

considerate: careful and thoughtful; does not inconvenience or harm others; syn.- obliging

compassionate: feeling sympathy and concern for others; syn.- caring

remorseful: full of regret for something they have done; sorry for past actions; syn.- penitent

petulant: childishly sulky or bad-tempered;

submissive: ready to conform to the authority or will of others; meekly obedient or passive; syn.- compliant

boastful: demonstrating excessive pride and self-satisfaction in one's achievements or possessions

exploitative: making use of a situation or treating others unfairly in order to gain an advantage or benefit

prejudiced: having or demonstrating dislike and distrust based on unfounded views









vulnerable: someone needing protection as they are at risk physically or emotionally



Learn them to improve your spelling!!!


Miss Petrova

Summer Extra-curricular Sports Timetable – from 3:30-4:30pm prompt start from Monday 12th June

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>KW</u> <u>Year 7 & 8 Rounder's</u></p>  <p><u>SF</u> <u>All years Fitness</u></p> 	<p><u>SF</u> <u>Year 9 & 10 cricket</u></p>  <p><u>MB</u> <u>All years Badminton</u></p> 	<p><u>SF</u> <u>Year 7 & 8 cricket (cricket leaders)</u> <u>Year 9 & 10 cricket</u></p>  <p><u>Year 9& U16 Rounder's</u></p>  <p><u>Athletics – TRACK - ZB</u></p> 	<p><u>ZB & KW</u> <u>All Years Athletics</u> <u>THROWS</u></p> 	

*Clubs will be finished by 4:30pm *

Key Dates and Events

Tuesday 11 th July	Years 7, 8, 9 & 10 Awards Evening – 7:00pm	Years 7-10
Friday 14 th July	Sports Day	Whole School
Thursday 20 th July	Last Day of Summer Term School Finishes at 12:15	Whole School
Monday 24th July to Friday 1st September	Summer Holiday 	Whole School
Thursday 24 th August	GCSE Results Day	Year 11
Monday 4th & Tuesday 5th September	Non-Pupil Days	Whole School
Wednesday 6th September	Students return at 8:25am	Years 7-11

Welcome to our new Year 6's!

This week we have been welcoming our new Year 6 girls who will be joining our school family in September. They have enjoyed their visits to different classes and to reflections in our Chapel.

JESUS WELCOMES EVERYONE

A reading from Saint Matthew's Gospel.

As Jesus was walking on from there he saw a man named Matthew sitting at the tax office, and he said to him, 'Follow me.' And he got up and followed him.



Now while he was at table in the house it happened that a number of tax collectors and sinners came to sit at the table with Jesus and his disciples.



When the Pharisees saw this, they said to his disciples, 'Why does your master eat with collectors and sinners?'



When he heard this he replied, 'It is not the healthy who need the doctor, but the sick. Go and learn the meaning of the words:

Mercy is what pleases me, not sacrifice. And indeed I came to call not the upright, but sinners.'

The Gospel of the Lord.



Reflection:

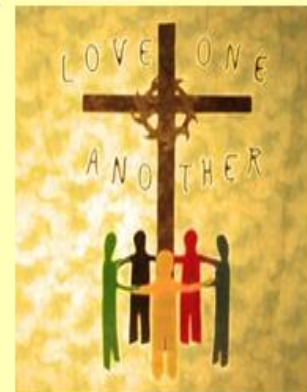
Jesus welcomed everyone, wherever they came from and whatever their background, nationality or religion. He didn't come to judge people, but to help them. People turned their lives around just as a result of being in the presence of Jesus, and experiencing his unconditional love for them. This is an example for us to follow, to welcome everyone; to do all that we can to help them and to treat others as we would like to be treated ourselves.



All are Welcome in Our School

Prayer:

Lord, help us to notice anyone who is left out, who's sitting on their own at lunch or break time and to treat them with the same welcome and kindness that we would like ourselves. Help us to be sensitive to the needs of others and to willingly and generously give our time to help them. We make our prayer in the name of Jesus Christ Our Lord, Amen.



God bless you,

Miss Carson

COLOURSCAPE

AT HIGH HOUSE PRODUCTION PARK

"An extraordinary event for all ages!"

"An amazing labyrinth of colour and light."



£2.50 Adults
£1 Children and
Concessions

High House Production Park,
Vellacott Close, Purfleet-on-Thames RM19 1AF

Saturday 8th and
Sunday 9th July 2023,
12pm to 5pm



SCAN TO BOOK

COLOURSCAPE



A WALK-IN EXPERIENCE OF COLOUR, LIGHT AND MUSIC

Explore intense colour
and light and experience
music played on unusual
instruments in a unique
journey of the senses

Wander freely
through a largescale
inflated sculpture
of connected
chambers

Tickets
available by visiting
<https://www.ticketsource.co.uk/colourscape-music-festival>

T100 SOUNDS

Also on Sunday
9th July at
High House
Production Park,
Thurrock's T100
Sounds Festival. Visit
www.t100festival.co.uk for info.

Important information about Colourscape and how to book tickets

Advance booking
essential by visiting
<https://www.ticketsource.co.uk/colourscape-music-festival>

Adults £2.50. Children
and Concessions £1.

Tickets admit entry
to Colourscape
for 30 minutes.

Children under 18 must
be accompanied by an
adult. Children under
2 years enter for free
and do not require a ticket.

Booking fees apply: 30p
on transactions below £4
and 8% above £4.

Colourscape is
wheelchair accessible.

Stay in touch for updates on creative, cultural and arts events coming soon by contacting START Thurrock on info@st-art.org.uk

CREATIVE
ESTUARY

CREATIVE
PEOPLE
PLACES

LOTTERY FUNDED

Supported using public funding by
ARTS COUNCIL
ENGLAND

High House
Production Park

thurrock.gov.uk

KINETIKA
DESIGN THAT MOVES

eyemusic
colourscape music festival

KIDS is working with the NHS in Essex to create an exciting new support service for young autistic people and their families. We'll be working hand-in-hand with young people, families, and community groups across Essex, Southend and Thurrock over the coming year to create a service that works for everyone.



Over the next 12 months we want to work with young people and families all over Essex to coproduce an engaging accessible website and support webinars created by and for people with lived experience and **we need your help!**

Want to join us or find out more?

Are you an autistic young person?
Or a family member or local organisation working with autistic young people or their families?
We would love for you to be involved.

Call us and leave a message on
01206 414 934

Text us on 07361 587 876
or visit

www.kids.org.uk/essexautism

And we will be in touch
with more details

Thurrock Family Hubs

Offering the services below and many more for children and families in Thurrock.



For information visit:
askthurrock.org.uk

Already registered with us?
Join our Facebook group to stay up to date with our latest activity:
facebook.com/groups/thurrockfamilyhubs



thurrock.gov.uk

Thurrock Children's Centres are changing and will be known as Brighter Futures Family Hubs.

Don't worry though – you can access all of the same services and support groups – plus lots more!

Brighter Futures Family Hub Locations

West locality	East locality	Central locality
Purfleet-on-Thames Brighter Futures Family Hub	Tilbury Brighter Futures Family Hub	Stifford Brighter Futures Family Hub – opening summer 2023
Ockendon Brighter Futures Family Hub	Chadwell Brighter Futures Family Hub	Thameside Brighter Futures Family Hub
Aveley Brighter Futures Family Hub	Stanford Brighter Futures Family Hub	

Services will be delivered from partner locations that are part of the Brighter Futures Family Hub Network including: East Tilbury Village Hall, The Sunshine Centre, Inspire Youth Hub Grays, Brennon Road Youth Hub and Corringham Integrated Medical and Wellbeing Centre.

BrighterFutures thurrock.gov.uk

Services at BrighterFutures

Family Hubs



Our Family Hubs are welcoming places for families with children aged 0 to 18, or 25 if they have a disability, to access information and support.

Services will include:

- Support for expectant and new parents (called our Start for Life offer)
- Midwifery and antenatal clinics
- Health visitor clinics
- Baby and child play sessions
- Parenting support
- Mental health support for children and parents
- Help with infant feeding
- Children's speech, language and early learning
- Support for children with special educational needs (SEND)
- Help with managing your child's behaviour
- Domestic abuse support
- Job, debt and welfare advice
- Drug and alcohol support
- Support for separating couples

For more information visit www.askthurrock.org.uk.

What's on in July 2023

Mondays

Start	End	Activity	Age groups	How to join in
8.30am	12.00pm	Housing Advice for Council Tenants		Book in advance 01375 413820
9.00am	11.00am	Local Area Co-ordinator – Helen Catterick		Book in advance 07710950318
9.15am	10.15am	Bring a Story to Life 3 rd – Owl Babies 17 th – Super Worm	24 to 60 months	All welcome
9.30am	10.30am	Stay and Play	24 to 60 months	All welcome
10.00am	12.30pm	Job Club – Supported Families Employment Adviser	Parents/Carers	Book in advance 07776245301
11.00am	12.00pm	Baby Massage	0 to 12 months	Book in advance
11.00am	12.00pm	Bookstart Toddler	12 to 24 months	Book in advance
1.30pm	2.30pm	Fun, Food and Fitness	24 to 60 months	Book in Advance
2.00pm	3.00pm	Stay and Play	24 to 60 months	All Welcome

Tuesdays

9.30am	10.30am	Stay and Play 4 th , 18 th and 25 th July	12 to 24 months	All Welcome
10.00am	11.15am	Ready Steady Learn	36 to 60 months	Book in advance
11.00am	12.00pm	Stay and Play 4 th , 18 th and 25 th July	12 to 24 months	All Welcome
1.00pm	4.30pm	Domestic abuse and violence support Call 07494167408		Book in advance
1.30pm	2.30pm	Let's Talk to your Toddler	12 to 24 months	Book in advance
2.00pm	3.00pm	Messy Play 4 th , 18 th and 25 th July	24 to 60 months	All Welcome

Wednesdays

9.00am	4.00pm	Midwife	Ante Natal	Book in advance
9.30am	11.30am	Paediatric First Aid Awareness Course code – 8031C2233 5 th July	Parents/Carers	Book in advance on 01375 372476 quoting the course code
10.30am	11.30am	SEND – Just For You	0 to 60 months	All welcome
11.00am	12.00pm	Stay and Play 12 th and 19 th July	0 to 12 months	All welcome
11.00am	12.00pm	Stay and Play Warren Primary School Gilbert Road, Chafford Hundred, Grays, RM16 8NB 5 th , 12 th and 19 th July	24 to 60 months	All welcome
1.30pm	2.30pm	Let's Talk to your Toddler	12 to 24 months	Book in advance
1.30pm	2.30pm	Brighter Future Babies	0 to 12 months	Book in advance
4.00pm	5.30pm	Young Carers Group	4 to 8 years	Referral only

Thursdays

9.00am	4.00pm	Midwife	Ante Natal	Book in advance
9.30am	11.00am	Chatterbox	24 to 36 months	Referral only
9.30am	11.00am	Parental Outreach advice session 27 th July	Parents/Carers	Book in advance 01375 387894
1.30pm	2.30pm	Play and Learn	24 to 60 months	Book in advance
1.30pm	2.45pm	Well Baby Clinic – Drop In	0 to 60 months	All Welcome
2.45pm	3.45pm	Baby Massage Acorns Community Centre, Headon Hall, Crawford Avenue, Stifford Clays, RM16 2AS	0 to 12 months	Book in advance

Fridays

9.00am	1.00pm	Early Interaction Advice Sessions	24 to 60 months	Referral Only
9.30am	10.30am	Baby Massage	0 to 12 months	Book in advance
9.30am	10.15am	Garden Group 14 th , 21 st and 28 th July	24 to 60 months	All welcome
11.00am	12.00pm	Baby Massage	0 to 12 months	Book in advance
11.15am	12.15pm	Let's Talk to Baby	0 to 12 months	Book in advance
1.30pm	2.30pm	Stay and Play	0 to 12 months	All welcome
1.30pm	2.30pm	Let's Talk to your Toddler	12 to 24 months	Book in advance

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/childrens-centre-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres www.facebook.com/thurrockcouncil

Are you registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubsGET CREATIVE
SATURDAY

FREE CREATIVE WORKSHOPS

MINDFUL MONO-PRINTING WORKSHOP

9am – 11am @ the Thameside Complex Foyer

FAMILY CRAFTS WITH AMANDA

10am – 12pm @ Costa Coffee – Grays

STORYTELLING ACTIVITY

Grays Library, suitable for 0-6yrs

10:30am – 12:30pm @ Grays Central Library

DJ SKILLS WITH EAZEE LEARNING

* BOOKING REQUIRED * Email Arts Outburst to book a space!

11am – 1pm @ Eazee Learning's Studio

BOLLYWOOD DANCE WORKSHOP

12pm – 2pm @ Grays Town Park

WATERCOLOUR PAINTING WORKSHOP

* LIMITED NUMBERS*

12pm – 2pm @ the Lightship Cafe – Grays Beach

STREET DANCE WORKSHOP

1pm – 2pm @ Arts Outburst, Studio 3

#AOBGETCREATIVE

 Arts Outburst
01375 386247 hello@artsoutburst.co.ukSupported by public funding by
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SATURDAY

FREE CREATIVE WORKSHOPS

SPOKEN WORD AND RAP WORKSHOP

1pm – 3pm @ the Thameside Complex Foyer
(14 years +)

DANCE MEETS VIRTUAL REALITY WORKSHOP

1:00pm – 2:45pm @ Arts Outburst, Studio 1

INTERACTIVE ART WORKSHOP

1:00pm – 3pm @ Riverside Community Hub
(13 years +)

MANDALA WORKSHOP

1:30pm – 3:30pm @ The Community House

FAMILY ZUMBA® SESSION

2pm – 2:45pm @ Arts Outburst, Studio 3
All ages, this can even be done from a chair!

DJ SKILLS WITH EAZEE LEARNING

* BOOKING REQUIRED * Email Arts Outburst to book a space!

2pm – 4pm @ Eazee Learning's Studio

SEA SHANTIES AHOY!

3pm – 4pm Lightship Cafe – Grays Beach

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ESSEX AUTISM PROJECT

Upcoming Events

KIDS is excited to invite you to some events we are holding in person for the Essex Autism Project. This is a chance to:

- Find out more about the new online service
- Ask questions about what we are offering
- Tell us what matters to you
- Share what you would like the service to include
- Learn more about how you can be part of creating the service
- Meet other parents/carers or young people

Your event leaders will be:



Antoinette Oakley-Smith



Adam Holt

How do I sign up?

Choose an event on the reverse of this leaflet. Click on the link. Fill out the RSVP form.

Will there be refreshments?

Of course! Please let us know if you have any dietary requirements or allergies.

What if I can't attend?

Please be assured, there are still plenty of opportunities to have your say! Click on the link to RSVP, tell us you can't attend and we will be in touch with alternative arrangements.

I am feeling nervous about coming.

Our events are being held in safe spaces. They are invitation only. When we know which event you'd like to come to, we will send you information about the hall we are using and what the session will be like. We will have a quiet area in the hall that you can go to if you need some space. You can also have a chat with us before you come to discuss your needs.

Contact us at autismessex@kids.org.uk
if you have any questions or feedback.

Events for parents and carers

Colchester

YMCA - Colchester Hall,
159 Magdalen St,
Colchester,
CO1 2JX

Monday 19th June
10:00 - 12:00

Basildon

Basildon Library,
The Basildon Centre,
St. Martins Square,
Basildon, SS14 1EE

Wednesday 28th June
10:00 - 12:00

Harlow

New Hall,
Moot House Social Club,
The Stow,
Harlow, CM20 3AG

Monday 3rd July
9:30 - 11:30

Please RSVP here: [LINK TO FORM](#)

Events for young people (12-25 years)

Colchester

YMCA - Colchester Hall,
159 Magdalen St,
Colchester,
CO1 2JX

Tuesday 20th June
16:00 - 18:00

Basildon

Basildon Library,
The Basildon Centre,
St. Martins Square,
Basildon, SS14 1EE

Saturday 24th June
14:00 - 16:00

Harlow

New Hall,
Moot House Social Club,
The Stow,
Harlow, CM20 3AG

Friday 30th June
16:00 - 18:00

Please RSVP here: [LINK TO FORM](#)



allaboutautism.kids.org.uk/
kids.org.uk



Fusion Netball Club

We want you!

Our netball team is on the
hunt for talented, new players!

You have been identified by
your PE/Sports teacher as a talented player
who we would like to see at our club trials.

Teams aged 5-senior
Regional U14/16 Netball
Internal Performance Pathway
Qualified and Passionate coaching
Division 1 Junior Winners 2022

Thursday 29th June
Year 3-5 @ 4-5:15
Year 6-8 @ 5:30-6:45
Year 9-10 @ 6:15-7:30

Contact Chloe Baker
fusionnetball15@gmail.com

visit us at
fusionnetballclub.co.uk
or on social media

Thames Chase

Children's Art and Sculpture Competition 2023

Enter and have your art work displayed in the Forest centre
Winners will receive an art bundle worth £20

This years theme is 'Feel good in the Forest'

How to Enter

- Bring your art work to the forest centre with your name, age, parent or guardians phone number and email written on the back
- Tell us in a few sentences how the forest makes you feel
- Our art exhibitors will vote for the winners on the 1st of September
- Entries will be judged in 3 categories: Ages 4-6, 7-10, 11-16 years
- All entries will then be displayed in the Forest Centre from the 2nd-10th of September
- Closing date 29th August