

The Convent Chronicle



Friday 19th January 2024

Inspiring Ambition,
Achieving Excellence

Dear Parents/Carers,

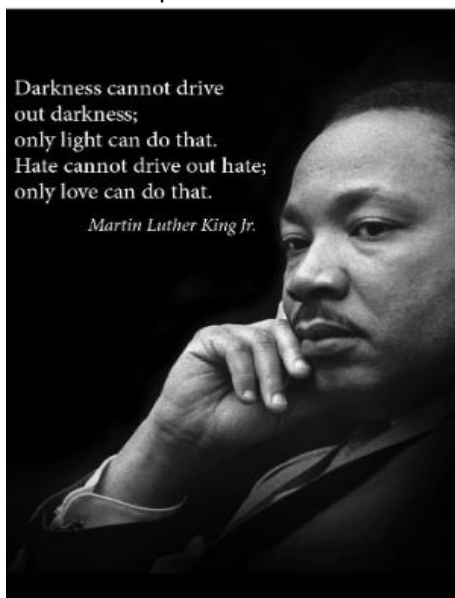
Last Sunday was Peace Sunday and at my assembly this week we launched the Octave of Prayer for Christian Unity that follows.

The theme this year is, *'Go and Do Likewise'*, the moral of the story of the Good Samaritan. The prayers and reflections have been prepared this year by Christian churches in Burkina Faso - an area of the world still experiencing a serious security crisis. Solidarity is emerging between Christians, Muslim and traditional religions to find lasting solutions for peace, social cohesion and reconciliation.

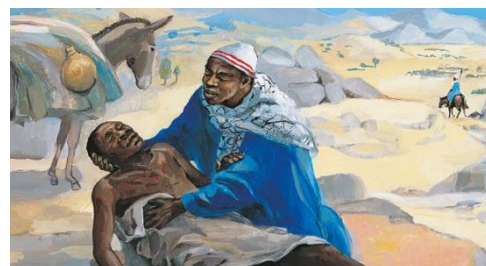
You can join the 8 days of prayer by following the link: <https://ctbi.org.uk/week-of-prayer-for-christian-unity-2024/>

The parable of the Good Samaritan is one of the best-known passages of Scripture, yet one that never seems to lose its power to challenge indifference to suffering and to inspire solidarity. In prayers on Monday, Martin Luther King Jr day, we considered how King who heard that call to *'Go and do likewise'*.

How words speak for themselves:



At mass we share the words, *'Peace be with you'*, and answer *'And also with you'*. We pass to each other that gift of peace that Jesus gave us at his death: *'Peace I leave with you, my peace I give you'*.



Father Stephen said something so powerful at mass last week, that it has stayed with me. *"If someone was walking down the street persecuting Christians, would there be enough evidence of your Christianity to persecute you."*

Peace be with you this week, *'go and do likewise'*.

A reminder that Year 11 Parents' Evening is on Thursday 25th January 2024 between 4pm-7pm. To book and join appointments please visit: <https://graysconvent.schoolcloud.co.uk>.

Father John McKeon Rest in Peace



I am sorry if you have not heard the sad news that Father John McKeon has passed away this week. Some of you will have known him as the Parish Priest of St Thomas of Canterbury, and also from Holy Family Dagenham, where he retired to. He was a close friend of Father Stephen, our current parish priest, who cared for him when he was at Holy Family.

He was from Boyle, County Roscommon, and was born in 1932. He reached the grand old age of 91.

He was a keen opera fan, and theatre goer, a literary man, and I will fondly remember him for bumping into him in many places on his walks around Grays and in London at the theatre.

We pray that the Lord will care for him, as he cared for us, and that he will grant comfort to his family and friends. Eternal rest grant unto Father John oh Lord and may perpetual light shine upon him. May he rest in peace Amen.

Penny Johnson
Headteacher



Important Messages

Severe Weather Arrangements



We are not anticipating weather, severe enough to close schools, but as it is that time of year we feel it best to keep you informed of the procedure.

In the **very unlikely** event that the school is closed due to snow, Mrs Johnson will make the decision as soon as possible and inform BBC Essex and Essex FM of any school closure. Should we experience severe weather, you are advised to listen to these stations, which list schools that are closed. If we are **not** mentioned – **we are open!**

We will also post a message on the front page of our website, so keep an eye on that too.

**BBC Essex - 103.5 FM or
95.3 FM**

**Essex FM - 102.6 FM or
96.3 FM**

If Grays Convent are NOT mentioned on these radio stations, and there is NOT a message on the front page of the website GRAYS CONVENT SCHOOL IS OPEN!

ParentPay Accounts



Can we stress how important it is for you to have activated your daughter's ParentPay account. It allows you to purchase equipment for your daughter when needed, and pay for trips and events – if you do not activate your ParentPay account, your daughter could miss out on taking part in these trips and events, as we can only take payment for trips and events via ParentPay.

With regards to trips, we always give a deadline for payment, and these deadlines must be met otherwise your daughter will not be able to go on the trip.

If you do not have a copy of your ParentPay activation letter then please contact Mrs Wood at:
woodj@graysconvent.thurrock.sch.uk

Finance Office

Year 11 Attendance

It is extremely important that Year 11 attend school regularly, as this a very important time with the lead up to the GCSE examinations. Lots of important information will be given to students, for example revision information, exam information, intervention etc. Please ensure that your daughter attends regularly at this crucial time in her education journey.



Attendance Office

COVID

If your daughter becomes unwell with flu-like symptoms, we urge you to test your daughter for COVID before sending them to school. This will eliminate further spreading by keeping them at home.

Attendance Office

Chicken Pox

We would like to make you aware that following the Christmas break, we have had a couple of confirmed cases of Chicken Pox. We ask that you are vigilant.

Pastoral Team

Parents Parking on School Site



It has come to our attention that a few parents are driving into the school car park to either drop off or pick up their daughters.

Whilst this practice is acceptable only for parents with students who have limited mobility, those parents should not be blocking car park entrances and exits, and must only come onto the site if it is safe to do so.

The school car park is private property, and unless your daughter has aforementioned mobility issues, you should not be driving onto the school site.

More importantly it is a health and safety issue for students who are entering and leaving the building in the morning and after school via the car park.

Health & Safety Officer

Thurrock Next Top Boss



On Thursday this week Year 9 took part in our annual Thurrock Next Top Boss competition. This is a borough wide event pairing a large local business with the minds of our young people.

This year's event required the students to pitch a Dragons Den style presentation developing ideas for a

social media campaign for our local company - **Trunk Logistics**.

The ideas produced were outstanding, showing how our students can link with the business world in an innovative and creative way. Behaviour was exemplary and the girls were really engaged thoroughly throughout and I look forward to selecting the overall winners in the next 2 weeks.

The 5 selected teams will be moving forward to the final round where the overall winners will be representing the school in the grand final.

Good luck ladies!

Miss Boller

Assistant Headteacher's Bronze Award

This week 30 students reached in excess of 200 achievement points through their hard work and involvement in school life. The students were presented with their Bronze certificates in their Year assemblies.

★ <i>Auguste Budenaite</i> 7.3 ★	★ <i>Aleeza Kamran</i> 8M ★
★ <i>Melissa Akora</i> 7.4	★ <i>Arwa Khan</i> 8M ★
★ <i>Makayla Emuchay</i> 7.9	★ <i>Sophie Moore</i> 8M ★
★ <i>Chisimidi Ossai</i> 7.9	★ <i>Ava Armstrong</i> 9D
★ <i>Anisa Yasmin</i> 7.9	★ <i>Fauste Bukyte</i> 9D
★ <i>Dara Ade-Oduwale</i> 8E	★ <i>Jowina Selvin</i> 9D
★ <i>Alisha Ahmed</i> 8E	★ <i>Olivia Coomer</i> 9E
★ <i>Ardita Geci</i> 8E	★ <i>Inaya Ali</i> 9L
★ <i>Kaylan Merrell</i> 8E	★ <i>Hollie Booker</i> 9L
★ <i>Lisa Mutooni</i> 8E	★ <i>Nisam Limbu</i> 9L
★ <i>Elizabeth Roy</i> 8E	★ <i>Tumelo Mwiya</i> 9L
★ <i>Bianca Ungheanu</i> 8E	★ <i>Evelyn Nakalembe</i> 9L
★ <i>Sara Visanu</i> 8E	★ <i>Amelia Tomaszewska</i> 9L
★ <i>Mariam Abdulyekeen</i> 8M	★ <i>Janice Nabacwa</i> 10.24
★ <i>Larissa Atta</i> 8M	★ <i>Nuha Ahmed</i> 10.25

Well done!

Mrs Bishop

Romeo & Juliet - Yr 10

There will be a Splats performance of 'Romeo & Juliet' within school for all Year 10 on Tuesday 26th March 2024.

The cost of £5 is to be paid via ParentPay by Friday 22nd March 2024.



Mrs Nyland

The Essex Autism Project

This month at the Essex Autism Project we are discussing privacy and safeguarding. To learn more about why we might need some of your information fill out our survey. This will also give you the chance to give us your opinions and suggestions on what is needed and how we can help you feel safe using the service.

Link to the privacy and safeguarding survey:

<https://autismessex.kids.org.uk/privacy-and-safeguarding-survey/>

We look forward to hearing from you.

The Essex Autism Team

Get the Studybugs App the quick and easy way to report your daughter's absence



Please get the **free Studybugs app** for reporting your child's absence due to illness.

<https://studybugs.com>



Report sickness, receive guidance, help improve children's health

See what illnesses are going around

Secure system, all communications encrypted



Working in partnership with:



Mrs Burrow

Subject News...



MFL

MFL Dance Club

Every Friday from 15:30-16:30 in the Gym.

Everyone is welcome!



Miss Bathily



Drama

This is 7D practicing a group freeze-frame and the drama skill of thought-track this week. Year 7s are following the story of the character Sam during lessons and this was Sam's first day at school after having the first 3 weeks off school.



Mrs Grint

More Subject News...



Computing

Binary shifts

If a binary number is multiplied by a power of 2, which direction is the shift?

There is no shift

Left

Right

Answer: Left

Mr Burr

Maths



Maths Question of the Week

- 1 Sam has £29
He gets £28 more for his birthday.
He buys this cap and jumper with his money.



How much money does he have left?

- 2 One fifth of a number is 12
What is a half of the number?

3



I have 207 stickers



I have 150 stickers

Mo gives Alex some stickers.
Alex now has twice as many as Mo.
How many stickers did Mo give Alex?

Submit your answers by break time on Monday 22/01/2024 in Room 21 to receive 3 Achievement Points.

Mr Amenze

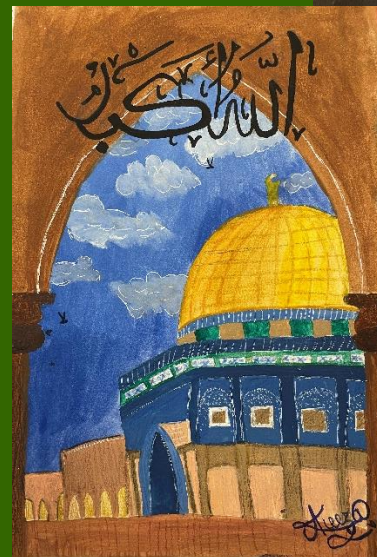
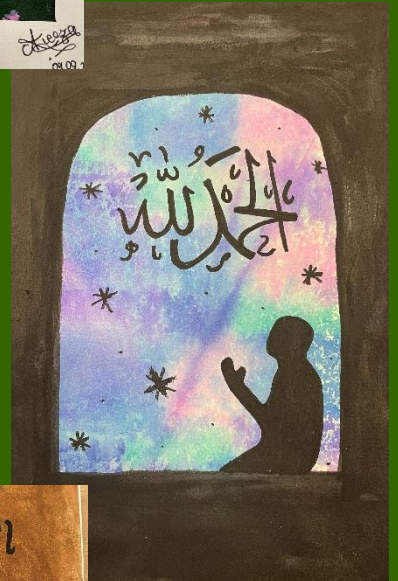
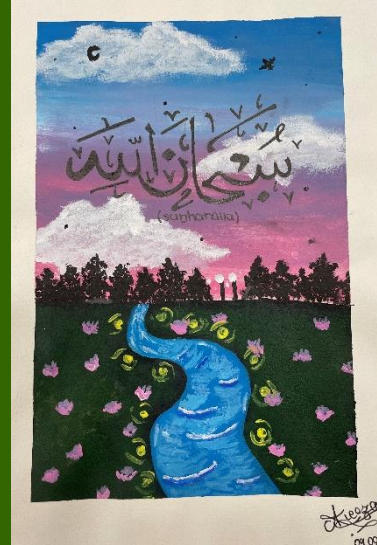
RE



Year 8 are currently studying Islam in RE.

Aleeza Kamran (8M), has combined her faith with some very talented art work.

The words on each image relate to praising Allah. Thank you Aleeza for sharing your beautiful work.



Mrs Wilsher

Even More Subject News...



PE



Year 11 Intervention 2023-2024

WEEK 1					
	Mon	Tues	Weds	Thurs	Fri
Lunch	Art-(KG rm16) Music		Photography (JL) History (LW)	Textiles (KP)	Computing
After School	Science		Food (LC) Maths w/ Nileshe	Geography (DD, RM1)	

Week 2					
	Mon	Tues	Weds	Thurs	Fri
Lunch	PE (Aiming higher)-KW PE (Making the grade)-SF		Math (SMA) D&T	Math (PM)	
After School	English (Set 4&6)- PJ	MFL (DPD)	Maths w/Nileshe RE (POH)	Drama MFL (SLE)	Maths (MAS GA,MT)

Option J	Option K	Option L	Option M
Fine Art	Art Textiles	Art Textiles	Computing
Drama	Design Tech.	Drama	Food
Food	French	Food	French
French	Geography	Geography	Geography
History	History	History	Media
Media	Media	Media	Music
	PE	Photography	Photography

Spelling Bee

Prepare for "*Excellent spelling!*" at **Spelling Tests, ASSESSMENTS and Spelling Bee!**

3 SPELLING BEE COMPETITIONS THIS YEAR

For Year 7- Autumn Term For Year 8 - Spring Term For Year 9 – Summer Term

Get ready! – week 16

FOR YEAR 7	FOR YEAR 8	FOR YEAR 9
accommodate	exciting:	assonance
accompany	thrilling	consonance
according	electrifying	stanza
achieve	exhilarating	couplet
aggressive	stimulating	heroic couplet
amateur	riveting	closed couplet
ancient	stirring	triplet
apparent	compelling	quatrain
appreciate	gripping	quintain/quintet
attached	intoxicating	sestet
	rousing	septet
		octave

For Year 8: Learn the words – Creative Writing:

exciting:

thrilling: causing excitement and pleasure; **exhilarating.** "a thrilling adventure"

electrifying: **arousing** a sudden sense of great excitement

exhilarating: making one feel very happy, animated, or elated; **thrilling.** "an exhilarating two-hour rafting experience"

stimulating: encouraging or **arousing** interest or **enthusiasm.** "a rich and stimulating working environment"

riveting: completely **engrossing;** compelling. "the book is a riveting account of the legendary freedom fighter"

stirring: causing excitement or strong emotion; rousing. "stirring songs"

compelling: **evoking** interest, attention, or **admiration** in a **powerfully** irresistible way

gripping: firmly holding the attention or interest; exciting. "a gripping TV thriller"

intoxicating: exhilarating or exciting. "an intoxicating sense of freedom"

rousing: exciting; stirring. "a rousing speech"

For Year 9 – in detail. Learn these terms for analysing POETRY

assonance: the similarity or repetition of a vowel sound in two or more words in a line of verse

consonance: It is the repetition of consonant sounds within a line of verse. Consonance is similar to alliteration except consonance does not limit the repeated sound to the initial letter of a word.

stanza: a division of a poem based on thought or form

couplet: two lines of verse that rhyme

heroic couplet: iambic pentameter with end rhyme

closed couplet: two lines that form a complete unit of thought

triplet: three-line stanza

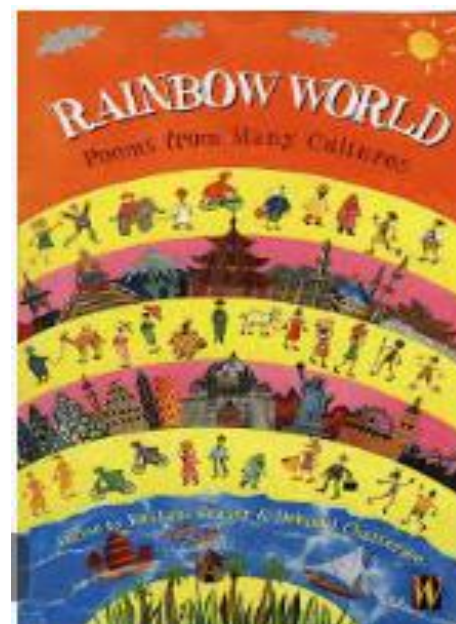
quatrain: four-line stanza

quintain/quintet: five-line stanza

sestet – six-line stanza

septet – seven-line stanza

octave – eight-line stanza



Learn them to improve your spelling!!!

Miss Petrova

Octave of Prayer for Christian Unity – 18th-25th January 2024

This week in our Form Prayers we have reflected on how Christians of all denominations are already united in the one Body of Christ and one family of God through our Baptism and faith in Jesus Christ our Saviour, the Son of God.

What does the Catholic Church say about respect for other Christians?

At The Second Vatican Council of 1962-65 in a decree on ecumenism it was stated: "Catholics must gladly acknowledge and esteem the truly Christian endowments from our common heritage which are to be found among our separated brethren. It is right and salutary to recognise the riches of Christ and virtuous works in the lives of others who are bearing witness to Christ, sometimes even to the shedding of their blood. For God is always wonderful in His works and worthy of all praise."



Jesus prayed for us all to be united in love for God and for one another:

"I pray that they may all be one. Father!

May they be in us, just as you are in me and I am in you.

May they be one, so that the world will believe that you sent me."

Christians of all denominations: Roman Catholics, Church of England, Pentecostals, etc. are already united as the members of the **one Family of God** through Baptism and faith in Jesus. All agree on the central truths: that Jesus is the Son of God, that he died and rose again and that forgiveness of sins and salvation is through Jesus and baptism in his name.

'Churches Together' is an ecumenical organisation and there are teams in each area of the country with representative leaders from each of the different Christian Churches. They meet together to pray and plan events which help all Christians in the area to work and pray together. Eg. They might invite everyone to join in a 'Walk of Witness' through the town and pray together on Good Friday, or to work together to help a local charity such as a Night Shelter, Food Bank or other local need.

If you join in events organised by your local 'Churches Together', you are contributing to the unity of Christians for which Jesus prayed.

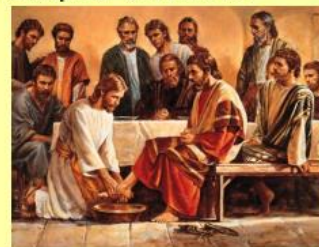
The local Churches Together in Grays is called the 'Grays Thurrock Team.' You can google them to find out what is happening: graysthurrockministry.org

And email them with your suggestions: web@gttm.org



We are the family of God. Is there any family that never argues? Jesus is not interested in the religious labels we give ourselves, e.g.

Roman Catholic, Pentecostal etc. Jesus said **"For whoever does the will of my Father in heaven is my brother and sister and mother."** Matt12:50 He said **"As I have loved you, so you must love one another. By this everyone will know that you are my disciples."** Jn13:34-35



To be a disciple means to become like Jesus in our thoughts, attitude and behaviour towards others: to show his loving welcome and respect for every person; to be considerate and put other people first and to willingly serve others.

This is how we show that we are the family of God because we behave like Jesus as children of our Heavenly Father.

Reflection: Respect and good manners is the 1st step to loving our neighbour. Home is the school of love. Let us show love and respect by obeying our parents, carers and adults in charge of us at any time.

PRAYER:

Father, please forgive us for the divisions we make through judging others, and the pride of our own point of view. Give us sincere openness, respect and willingness to understand other people's points of view and feelings. We pray that in the power of the Holy Spirit we may all be united in heart and mind in loving service to God and our neighbour, so that as Jesus prayed we may all be one. We ask this in Jesus' name. Amen.



I am keeping you all in my prayers and especially at the Chaplains' Day Mass at Walsingham House today. If you have any prayer requests, please email: carsonc@graysconvent.thurrock.sch.uk.

God bless you,

Miss Carson

Pope Francis - Tweet of the Week



Pope Francis @Pontifex · 1d

The [#WordOfGod](#) invites us not to close ourselves off or think that we can do it alone, but to grow together. Let us listen to each other, talk together, and support one another. [#ChristianUnity](#)

339

738

4.2K

255K



Safeguarding our Children at Grays Convent

At Grays Convent our Designated Safeguarding Lead (DSL) is Mrs Collis, and our Safeguarding Officers are Mrs Wells and Mrs Bishop. Students can contact any of our Safeguarding Team during the school day.

Worried about a child?

You can phone or write to The MASH about your concerns. Phone immediately if you believe it is urgent.

- Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: **01375 652802**.
- Emergency Duty Team (for out of hours) **01375 372468**.
- Police Child Abuse Investigation Team **01277 266822** or call **999** if you are concerned a child needs immediate protection.
- Childline **0800 11 11** www.childline.org.uk
- NSPCC **0808 800 5000** www.nspcc.org.uk; www.facebook.com/nspcc

Mrs Collis

Internet Safety Tip - Instagram



Privacy and Safety Checklist

Do you know how to block someone?

When you block someone, they can't see your profile or posts.

To block or unblock someone:

- 1 Go to their profile by finding them in your followers list or by searching for their name or username.
- 2 Tap their username to open their profile and then tap (iOS) and (Android).
- 3 Tap **Block User**.

To unblock someone, follow the steps above and then tap **Unblock User**.

Mr Burr

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18
CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs: increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



NOS National Online Safety
#WakeUpWednesday

[@natonlinesafety](https://twitter.com/natonlinesafety)













[/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

[@national_online_safety](https://tiktok.com/@national_online_safety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.03.2023

Extra-Curricular Sports Timetable: From: 3:30-4:30

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>KS3 Trampolineing: SF / GS</u>  <u>Y7 Netball: KW</u> 	<u>Year 10 & Y11 Netball : SF</u>  <u>KS3 (Y7-Y9) Football: GS</u> 	<u>U16 (Y10& Y11) Football: MB</u>  <u>KS4 Trampolineing : SF</u>  <u>All years Rugby: LG</u>  <u>Year 7 Athletics</u> 	<u>Y8 Netball: ZB</u>  <u>Y9 Netball: GS</u>  <u>All years Fitness: SF</u>  <u>Year 7&8 Dance club LG</u> 	

Key Dates and Events

Thursday 25 th January	Year 11 Parents' Evening	Year 11
Friday 26 th January	Holocaust Memorial Day – Justice & Peace Group	
Monday 29 th January to Friday 2 nd February	Diversity Week	Whole School
Thursday 1 st February	Year 8 Parents' Evening	Year 8
Monday 5 th February to Friday 9 th February	National Apprenticeship Week	Years 10 & 11
Monday 5 th February to Friday 9 th February	Safer Internet Week	Whole School
Tuesday 13 th February	School Production – 7pm start	
Wednesday 14 th February	School Production – 7pm start	
Thursday 15 th February	Year 9 Parents' Evening	Year 9
Friday 16 th February	Students break for Half Term – 3:25pm finish	Whole School
Monday 19 th to Friday 23 rd February	Half Term	Whole School
Monday 26 th February	Students return to school – 8:25am start	Whole School

MAKE YOUR MARK TIMELINE OF EVENTS

Make
Your Mark



Youth Parliament
MAKING OUR MARK

2024

Involving Thurrock schools, colleges and youth groups

Running since 2011, Make Your Mark has reached millions of young people. It gives young people aged 11-18 the opportunity to vote on topics they feel are the most important issues facing young people locally and across the UK.

Make Your Mark voting period will run from Monday 29 January – Friday 1 March 2024. During this time we want Thurrock schools, colleges and youth groups to encourage as many young people to vote. Every vote matters!

Get involved! Here's what you need to do.

Now - 22 Dec 2023



REGISTER

For Thurrock schools, colleges or youth groups to take part in the 2024 Make your Mark consultation you need to register with Thurrock Youth Cabinet.

Register your school, college or youth group now by dropping us an email at

youthcabinet@thurrock.gov.uk

Registration closes on Fri 22 Dec.

From 15 Jan 2024



PRE-VOTING

From 15 Jan 2024 we will send you the resources you need to support the vote in your school, college or youth group. This will include printable tally sheets and explainer videos.

29 Jan - 1 Mar 2024



VOTING PERIOD

Voting is live across the UK! During this time use the tally sheet to capture students / young peoples vote.

By 1 March 2024



SUBMIT RESULTS

The deadline to return completed tally sheets is Friday 1 March by 5pm.

Please scan in and send all completed tally sheets to

youthcabinet@thurrock.gov.uk

22 March 2024



MAKE YOUR MARK RESULTS ANNOUNCED

We'll let you know the outcome so you can announce the results in your school, college or youth group.

PATT ADHD Support Group

For families with children and young people with
ADHD and neurodiversity

Booking essential

If we need to cancel a session you will get notification via email

To book: www.patt.org.uk/adhdsupport or scan the QR Code below.

Facebook: PATT ADHD Support

First Wednesday of each month 6.30pm to 8.30pm

7th February 2024	Stanford Le-Hope Family Hub
6th March	PATT Office
1st May	Stanford Le-Hope Family Hub
5th June	PATT Office
3rd July	Stanford Le-Hope Family Hub
4th September	PATT Office
2nd October	Stanford Le-Hope Family Hub
6th November	PATT Office
4th December	PATT Office

3rd Friday of each month 9.30am–11.30am

PATT Office, 51 Lodge Lane, Grays, RM17 5RZ

19th January 2024	16th February
15th March	19th April
17th May	21st June
19th July	27th September
25th October	29th November



Specialist Health Visitor Appointments with PATT SENDIASS via MS Teams

These appointments are for parents with children who have additional needs. It is an opportunity to meet with our team to discuss how our service may be able to assist. This may be signposting to other services, explaining processes, coordinating health care, referral, intervention, or support. It is also an opportunity to meet the PATT SENDIASS team and get advice and guidance on education and school issues.

To book a 15 minute, online appointment, visit www.patt.org.uk/booking-page Or scan the QR code below.

Please be assured that you will have the opportunity to speak with Caralyn or a member of her team in private during these sessions.

2023	Time	2024	Time
Thursday 21 st September	10.30am - 12.30pm	Thursday 18 th January	10.30am - 12.30pm
Wednesday 18 th October	10am - 12pm	Wednesday 29 th February	10am - 12pm
Thursday 16 th November	10.30am - 12.30pm	Thursday 28 th March	12.30pm - 2.30pm
Wednesday 13 th December	10am - 12pm	Wednesday 17 th April	10am - 12pm
		Thursday 16 th May	10.30am - 12.30pm
		Wednesday 19 th June	10am - 12pm
		Thursday 11 th July	12.30pm - 2.30pm

Because of the nature of the roles in this team we may need to cancel at the last minute, if this happens, I will arrange to speak with you at a different time.



Schedule 2024

where and when to find us

Sessions run term time only

To book an appointment: www.patt.org.uk
scan the QR code or call 07702 127 252



First Wednesday of the Month 5pm – 6.30pm
Stanford-Le-Hope Family Hub, Copland Road, SS17 0DF
Runs in conjunction with PATT ADHD Support group (6.30– 8.30pm)
6th Feb, 7th May, 2nd July, 1st Oct, 3rd Dec



First Thursday of the Month 9.30am – 11.00am
Tilbury Family Hub, London Road, Tilbury RM18 8EY
1 Feb, 7 Mar, 2 May, 6 Jun, 4 Jul, 5 Sep, 3 Oct, 5 Dec



Second Wednesday of the Month 10am – 12pm
Ockendon Family Hub, 2a Afton Drive, RM15 5AP
10 Jan, 14 Feb, 13 Mar, 8 May, 12 Jun, 10 Jul, 11 Sep, 9 Oct, 13 Nov, 11 Dec



Fourth Wednesday of the Month 4pm – 6.30pm
PATT Office, c/o Take 4 Care, 51 Lodge Lane, Grays RM17 5RZ
24 Jan, 28 Feb, 27 Mar, 24 Apr, 22 May, 26 Jun, 25 Sep, 23 Oct, 27 Nov



Third Monday of the Month 4pm – 6.30pm
30 minute online session with a member of the PATT team
15 Jan, 18 Mar, 15 Apr, 20 May, 17 Jun, 15 Jul, 16 Sep, 21 Oct, 18 Nov, 16 Dec



FAMILY VIEWS WORKSHOP

Second Tuesday of the Month 10am – 2pm

A one hour, one to one session at the PATT office to support you to complete the family views document. We will send you the template and guidance document when we receive your booking for you to start writing your child's story so far. Please bring the document with you when you attend.

13 Feb, 12 Mar, 14 May, 11 Jun, 9 Jul, 10 Sep, 8 Oct, 12 Nov, 10 Dec



FREE School Uniform

free for everyone,
no referral needed!

Events

Fridays
3 - 4.30pm

19th January
16th February
15th March
19th April
17th May
21st June

Saturdays
10 - 11.30am

20th January
17th February
16th March
20th April
18th May
22nd June

Community Church Chadwell St Mary
Defoe Parade (enter from Brentwood Road)
RM16 4QR

Save the planet 🌍, and your pennies 💰 !
Hundreds of items in stock:

• Polo shirts	• Jumpers & cardigans
• Shirts & blouses	• Blazers & ties
• Skirts	• PE kit incl football socks
• Trousers	• Plimsolls
• Socks	• Black shoes
• Pinafore dresses	• Coats

Clean, good condition school uniform donations accepted when space allows. Please check our facebook page to see if we are currently collecting. Search facebook for "The 180 Project"

An event run by The 180 Project, part of Community Church
Registered charity no. 1062301. Tel: 01375 484 101



ReThink ReCreate ReCycle



Open to all young people aged 5-16 with SEND

Competition opens:
22nd January 2024
Competition closes:
28th March 2024

Take a plunge into the world of recycling like never before. It's not just about bins and bottles; it's about turning everyday items into extraordinary creations and give them a new lease on life.

We want to see your innovative minds at work, turning old items into mind-blowing masterpieces.

HOW TO ENTER

- Collect the items you want to recycle and transform these finds into a mind-blowing creation.
- Take a photo of your masterpiece, and in a paragraph, share the inspiration behind your creation while highlighting the materials you recycled.

Email it to QASEND@thurrock.gov.uk
Remember to include your name, age, year group and current school setting.



THINK ABOUT:



What message does your creation convey about recycling?

How did you recycle materials to create something new and exciting?

How can your creation inspire others to join the movement?

 thurrock.gov.uk