

The Convent Chronicle



Friday 10th November 2023



Inspiring Ambition,
Achieving Excellence

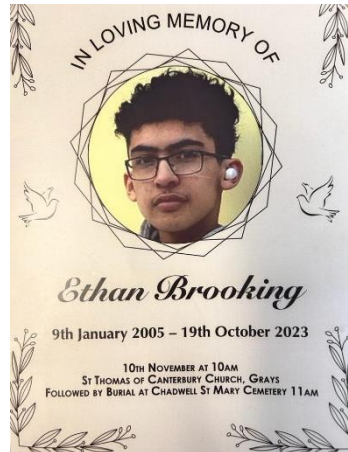
Dear Parents/Carers,

This Sunday is Remembrance Sunday when we remember all of those who have given their lives in war and conflict for 'our tomorrow'. I will attend the Grays Memorial Cenotaph with some of our girls to lay a wreath, saying the Catholic prayer for the dead, asking the Lord to grant eternal rest to those who have died. Sometimes the goodness of humanity can be so difficult to see when we recollect war, including the present atrocities in Ukraine and Gaza, and its subsequent death and losses. They suggest division, but our shared humanity on this day, when we join together to remember those who died, means that we all have something in common.

We also celebrated and remembered those who have been lost in our 'uniformed' event today here at school. Those who are cadets and the suchlike were invited to wear their uniforms on this day, and they looked incredibly smart.

We will also lay our wreath in memory of those 39 people who died in such tragic circumstances in Tilbury, 4 years ago. At that time all of our chapel reps wrote to each family with a prayer sending their love and condolences from across the world. You can see that a friend of the school updated me at their service of remembrance this year.

This is a time of course, during November, when we remember all of those who have died. This is often a joyful occasion. This may seem odd, but when we talk of those who have died we of course keep their memory alive; recollecting the joy of them when they were with us. Christina Rosetti's poem I think offers this thought:



As we move forward together as a nation after each year's remembrance, we hope that we continue to develop that shared humanity by striving for a commitment to peace, tolerance and equality. I offer my love and prayers to you when you think of your own loved ones who are not with

you now, especially this weekend. I attended Ethan's requiem mass on behalf of our community, and my family. Ethan was in my youngest daughter's class, his loss will be sadly mourned. We send our love and prayers to his family.

Remember by Christina Rosetti

Remember me when I am gone away,
Gone far away into the silent land;
When you can no more hold me by the hand,
Nor I half turn to go yet turning stay.
Remember me when no more day by day
You tell me of our future that you planned:
Only remember me; you understand
It will be late to counsel then or pray.
Yet if you should forget me for a while
And afterwards remember, do not grieve:
For if the darkness and corruption leave
A vestige of the thoughts that once I had,
Better by far you should forget and smile
Than that you should remember and be sad.



This Sunday is also Diwali – the Festival of Light. It is a major festival celebrating the triumph of light over darkness and the start of new beginnings for millions of people of the Hindu, Sikh and Jain faiths. Happy Diwali!

Penny Johnson
Headteacher



MUSIC MARK
SCHOOL
2022 - 2023



Artsmark
Silver Award
Awarded by Arts
Council England



Remembrance Day Parade at Grays Convent High School





*They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them.*



Road Safety Competition Winners

On 3rd October (Rise Above Day) Year 7 students listened to a presentation delivered by the Essex County Fire and Rescue Service. The presentation focused on road safety and students were then given a creative task to complete which reflected their learning from the session.

This task was competition based which was very difficult to judge as there were so many outstanding creative pieces, and I am pleased to say that the following students are the winners of the competition:

Temilola 7.4

Adriana 7.9

Deborah 7.9

Stephanie 7.9

Ugochi 7.13

Ayesha 7.13

Aania 7.9



These students were presented with a gift in assembly and achievement points. Well done!

Miss Hector

Get the Studybugs App
the quick and easy way to report your daughter's
absence



Please get the **free Studybugs app** for
reporting your child's absence due to illness.

<https://studybugs.com>



Report sickness, receive guidance, help improve children's health

See what illnesses are going around

Secure system, all communications encrypted



Working in partnership with:



Studybugs

Mrs Burrow

Severe Weather Arrangements



We are not anticipating weather, severe enough to close schools, but as it is that time of year we feel it best to keep you informed of the procedure.

In the **very unlikely** event that the school is closed due to snow, Mrs Johnson will make the decision as soon as possible and inform BBC Essex and Essex FM of any school closure. Should we experience severe weather, you are advised to listen to these stations, which list schools that are closed. If we are **not** mentioned – **we are open!**

We will also post a message on the front page of our website, so keep an eye on that too.

BBC Essex

103.5 FM or 95.3 FM

Essex FM

102.6 FM or 96.3 FM

If Grays Convent are NOT mentioned on these radio stations, and there is NOT a message on the front page of the website GRAYS CONVENT SCHOOL IS OPEN!



Next week is Anti Bullying Week and the theme for this year is 'Make Some Noise'.

During the week ahead we will be ensuring that a loud anti bullying message is promoted here as part our Christian ethos of showing love and respect to each other.

Incidents of bullying are rare and we have a good track record for dealing with incidents of bullying, it is not accepted at Grays Convent because it is not acceptable full stop. We ask that you to bring any incidents of bullying to our attention at the first opportunity so that we can deal with it directly.

Here are some of the things we do to prevent bullying at Grays Convent:

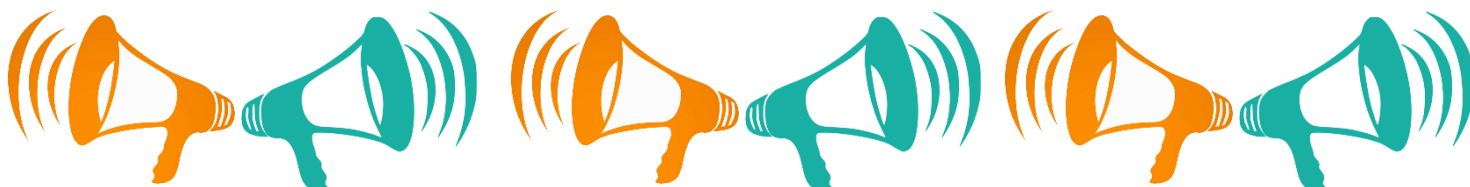
- ✓ We know our pupils very well. We know about issues between pupils and develop strategies to prevent bullying happening in the first place. Every conversation with a pupil about unkindness or bullying is a learning opportunity for one pupil to understand how the other is affected by their actions and to develop empathy.
- ✓ We work hard to promote respectful behaviour where pupils and adults treat each another well. We strive to live up to our School mission which describes our school as a caring and accepting community. All adults are role models and pupils are looking and learning from us in terms of treating others with respect and how to manage disagreements and conflict.
- ✓ Parents and Carers know that bullying is not tolerated at Grays Convent, and know what procedures to follow if they think their child is being bullied. Our Anti-Bullying Policy is on our website with clear instructions on reporting and all pupils have information in their Planners about what to do if they are being bullied.
- ✓ We teach pupils through the whole curriculum and especially in assemblies and our PSHE programme about the school's approach to bullying and pupils are clear about how they can prevent bullying. We have trained Anti-Bullying Ambassadors who lead in this area.
- ✓ We record and monitor incidents of bullying. Appropriate sanctions are issued and restorative justice strategies used to rebuild relationships.
- ✓ Staff are kept well informed and we openly discuss differences between people that could motivate bullying, we teach pupils across the whole curriculum that using any prejudice-based language is unacceptable.
- ✓ We invite specialist speakers into school to ensure pupils and staff are well informed. The school uses specific organisations or resources for help with particular problems 'Show racism the Red Card,' and 'Solutions not Sides' have been employed as part of our PSHE Programme.
- ✓ The school provides effective staff training – including to help staff understand the needs of groups of pupils who might be more vulnerable to bullying.
- ✓ We work with the wider community, such as the Police, Children's Social Care, and other agencies.
- ✓ We make it as easy as possible for pupils to report bullying, including cyber-bullying, so they feel assured that they will be listened to and incidents will be acted on. We have a confidential email address - confidential@graysconvent.thurrock.sch.uk - to report any concerns too.
- ✓ We work to create an inclusive environment where all pupils feel valued and have a sense of belonging.

Naturally Parents and Pupils worry about bullying; please follow the link below to find further guidance about how best to handle the situation if it arises:

<https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents-and-carers>

Please contact us if you have any concerns.

Mrs Collis



Anti-Bullying Week Ambassador Activities

Our Anti-Bullying Ambassadors will be involved raising their profile around school and will be arranging various activities and a cake sale. Full schedule of activities below:

Monday 13th Nov

Give a compliment
Sweet Jar - guess the number of sweets!
Survey students at lunchtime
Year 7 lunch - Year 8s 12.15pm-12.35pm ABAs canteen/outside
Year 8 lunch - Year 8 ABAs checking in with peers
Year 9/10 lunch - Year 9/10 checking in with peers



Tuesday 14th Nov

Smile at someone
Sweet Jar
Survey students at lunchtime
Year 7 lunch - Year 9 ABAs 12.15pm-12.35pm canteen/outside
Year 8 lunch as above
Year 9/10 as above

Wednesday 15th Nov

Say thank you
Sweet Jar
Cake sale break time!
Year 7 lunch - Year 10 ABAs 12.15pm-12.35pm canteen/outside
Year 8 lunch as above
Year 9 lunch as above



Thursday 16th Nov

Be Polite
Noticeboard - comments
Year 7 lunch - Year 8 ABAs 12.15pm-12.35pm canteen/outside
Anti-Bullying Assembly in form
Year 7 P1 ABAs to attend forms
Year 8 P6 ABAs to attend forms
Year 9 P5

Friday 17th Nov

Be Kind!
Wear blue accessory with your school uniform
Year 7 lunch - Year 9 ABAs 12.15pm-12.35pm canteen/outside
Year 8 as above
Year 9/10 as above



Mrs Bishop

Eco-Club News



At Eco-Club last week, the girls were able to empty (and attempt carving) one of Miss Bird's home-grown pumpkins from her allotment. We were gathering the seeds to wash them, dry them and then store them until next May when we'll plant them to grow our own pumpkins ready to harvest next October. We hope to make pumpkin snacks and foods next year so are gathering recipes in preparation so watch this space!

Mrs Grint



We're delighted to let you know that Grays Convent High School has become a member of The National College – a multi-award-winning online training provider for staff and parents.

What does this mean for you?

As part of our membership, The National College provides dedicated training and resources for parents and carers – particularly, around online safety and keeping children safe online.

Online safety advice on any topic

Of course, staff will continue to teach children about the risks online. But with the internet so readily accessible, the most effective approach to online safety needs everyone involved, including parents and carers.

That's why you've now got access to **hundreds of courses, explainer videos and online safety guides** to support your awareness of the online world. Topics range from understanding apps like TikTok and Instagram to recognising the signs of online harm and what you can do to help.

Sign up is easy

Signing up to the platform is simple. Just follow:

<https://nationalcollege.com/enrol/la-sainte-union-grays-convent-high-school> and complete your details. Once you're set up, you'll be able to choose 'Parent/Carer' as your user type and get instant access to all training and resources.

Download the app for free

Another fantastic benefit of The National College is its National Online Safety app, which you can download for free. It gives you access to all their parent and carer resources on the go, whenever you want.

You can download the National Online Safety app using the links below:

- [App store](#)
- [Google Play](#)



They're always here to help

The National College has a brilliant support team if you have any questions. Their [help centre](#) provides a comprehensive bank of answers to most FAQs, but if you still can't find the answer you're looking for, you can always get in [contact](#) with them.

I hope you'll sign-up and make the most of their resources.

Mrs Burrow

Bronze Assistant Head Teacher's Award

We have our first student this term to reach over 200 achievement points. Huge congratulations to:



Alyssa Gorte-Clarke 10.27



for earning the most achievement points so far this term.

Alyssa is our school Bronze Superstar this week and received her Bronze certificate and badge.

Mrs Bishop

Students paid tribute in 'Saluting Our Sisters' event at Thameside



Thurrock Nub News (online) report – 1st November 2023:

Students from Grays schools, the Woodside Academy and Grays Convent, delighted an audiences with their talents at the Thameside complex on Monday, 30 October.

The students from the Convent had been working on a project called 'Saluting Our Sisters' in school which celebrates the historical achievements of black women.

These achievements were presented in verse, song and dance with the performances enhanced by the talented students of Woodside Academy playing an array of topical songs on the school's Steel Pans.

Click on the following link to view the video: https://youtu.be/PsGpH8Y9X_o

Memorial to the Vietnamese victims in Tilbury

I was written to this week by a colleague, Sylvia Merrigan, who attend the memorial set up by Thurrock council for the 39 Vietnamese victims of the people trafficking incident who were sadly found in a lorry in Purfleet.

It is 4 years since the tragedy occurred and the Vietnamese priest, Fr Simon, who liaised with the police and victims' families, led the memorial service and Mass in the park which is next to the playground in West Thurrock near to Cowdray Hall. The service last Sunday was held in the memorial park and was attended by Cllr Abbas and a Labour councillor as well as the mother of the youngest victim and some of the local community and Vietnamese community.

At the service, most of which was in Vietnamese, Fr Simon explained that 2 stories made an impact on him when he went to Vietnam: the first was that the grandparents of two orphaned children are bringing them up as the children's parents both died in the lorry, and the second was that one of the men who died left behind his pregnant wife. His ashes were returned when his newborn baby was a month old but the child's mother was not with her baby as she had to work in Taiwan to pay off the debt owed by her husband for making the trip in the lorry.

4 years ago pupils from Grays Convent along with parishioners and the Vietnamese community attended the initial requiem mass with Fr Simon and some other Vietnamese priests. They wrote to each family, and led the bidding prayers at this mass.

The memorial garden has 39 trees planted and a stone has been placed at the park entrance with all 39 names of the victims. The garden is open to the public.

We pray for the repose of their souls:

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace, and rise in glory. Amen.



Mrs Johnson

U14 Netball Rally

A huge congratulations to the Year 8 & 9 Netball team, who played in the U14 rally at Hassenbrook on the 9th November, finishing in 3rd place by the end of the tournament. The girls played some outstanding netball showing amazing teamwork and determination throughout the evening.

They started off strong with a 3-1 win against Thames Park in their first match. Their next game was against Orsett Heath Academy, where they worked hard throughout, finishing with a well-deserved 4-3 Win.

Their third game was against Harris Chafford Hundred, whose players were not only very tall but were also extremely agile and athletic. The pace of the match was rapid and their players really challenged our team to the max. There was some excellent defensive play by Hollie Booker and Chisom Lemeh as well as accurate shooting from Sienna Creighton and Dara Ade - who was paired up against a 6ft tall GK, that meant that we won this closely fought match by 1 goal at the final whistle.

Next up was Harris Chafford Hundred and once again the girls pulled together to forge a winning side. Omotoyosi Odunbanjo played extremely well in this match as WD, to help the rest of them team finish with a 3-0 win.

St Cleres followed next and again the pace was rapid. Despite excellent interceptions and pressure from our defence the final score was 5-0 to St Cleres.

The final two matches were against Harris Riverside and William Edwards, where all the teams were well matched. Once again, our girls gave their all, never giving up and keeping the pressure on throughout the games. Unfortunately, the final scores of these two games were 2-0 to Harris Riverside and 4-2 to William Edwards.

After an exhausting 7 games the winners of the U14 Rally were St Cleres, second place went to Harris Chafford Hundred and Grays Convent finished in an extremely well deserved 3rd place, just missing out in selection for the regional rounds in January.

This is an extremely promising start to the netball season for these girls and hopefully as their league matches get underway in the next few weeks we will be updating you in their successes.

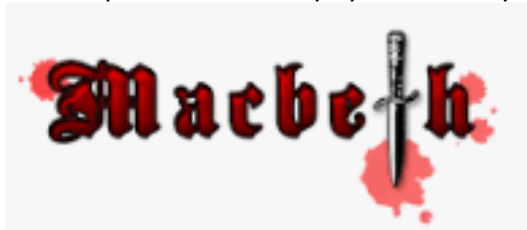


Well done girls, you should be very proud of your performance.

Mrs Bailey

Macbeth Performance for Year 9

Grays Convent have arranged for a performance of Macbeth for all Year 9 on Tuesday 5th December 2023 costing £5.50. If you wish your daughter to watch the performance, this must be paid via ParentPay by latest Friday 1st December 2023.



Mrs Nyland

The Den! An online engagement opportunity for 11-16 year olds with SEND

CALLING ALL YOUNG PEOPLE AGED 11-16 - WE WANT TO HEAR FROM YOU!

The Den is an informal virtual hangout for young people aged 11-16 providing an opportunity for young people to share their experiences and work together to improve services for young people with Special Educational Needs and Disabilities, living or attending education in Thurrock.

Meeting via MS Teams from 5.30pm on the following dates:

Monday 13th November 2023

Wednesday 13th December 2023

You can join 'The Den' and participate in regular online meetings and share thoughts and feelings on our online pinboard. Parents and/or guardians must complete this online registration form: <https://forms.office.com/e/xECdu8uE5A>

Thurrock Children's Services

Vacancy

We have vacancies for Exam Invigilators to work during the exam periods. If you are interested in joining on a casual basis please see the full advert and job description on the school website or contact Jackie Reynolds at finance@graysconvent.thurrock.sch.uk for further information.

Finance Office

ParentPay Accounts



ParentPay It is important that our Parents have a ParentPay Account, and that this account is activated. This enables parents to purchase equipment and not to miss out on school trips.

If you require another copy of your ParentPay Activation Letter then please email Mrs Wood on:

woodj@graysconvent.thurrock.sch.uk

Finance Office

Lunch Money

If your daughter has loaned lunch money from the Finance Office could you please ensure it is paid back the following day.

We have a large amount of outstanding money owing and emails have been sent home. If you have received an email could you please ensure the money is returned as soon as possible.

This service is only available for emergencies and if the money is not returned on time it could lead to us being unable to loan money to another student.

Finance Office

Spelling Bee

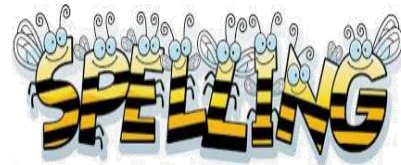
Prepare for "Excellent spelling!" at **Spelling Tests, ASSESSMENTS and Spelling Bee!**

3 SPELLING BEE COMPETITIONS

Year 7- Autumn Term For Year 8 - Spring Term For Year 9 – Summer Term

Get ready! – week 8

FOR YEAR 7	FOR YEAR 8	FOR YEAR 9
ought bought thought nought brought fought rough tough enough cough though although dough through thorough borough plough bough	antipathy curtsy savage vulgar adjourn audibly barrow caucus comfit consultation 	allegiance carousing dire lechery palpable quenched sacrilegious grapple malice tyrant 



For Year 7:

Week 8

ough is one of the trickiest spellings in English – it can be used to spell a number of different sounds.

For Year 8: Learn the words: from War Poetry

antipathy - an object of aversion

curtsy - an act of civility, respect, or reverence made mainly by women and consisting of a slight lowering of the body with bending of the knees

savage - lacking the restraints normal to civilized human beings

vulgar - lacking in civilization, perception, or taste

adjourn - to suspend indefinitely or until a later stated time

audibly - heard of capable of being heard

barrow - wheelbarrow

caucus - a closed meeting of a group of persons belonging to the same political party or faction usually to select candidates or to decide on policy

comfit - a candy consisting of a piece of fruit, a root (as licorice), a nut, or a seed coated and preserved with sugar

consultation - the act of consulting or conferring



For Year 9 – Learn these words - from Macbeth

allegiance - loyalty to a cause or nation

carousing - acting boisterously or loudly, as if drunk

dire - indicating trouble or disaster; urgent

lechery - lewd or vulgar behaviour

palpable - capable of being touched or felt; tangible

quenched - put out; extinguished

sacrilegious - grossly disrespectful of what is sacred

grapple - wrestle or struggle with

malice - a desire to harm others or to see others suffer

tyrant - a harsh or cruel leader



Learn them to improve your spelling!!!

Miss Petrova



Computing

Primary Storage (Memory)

Which of the following is true of volatile memory?

It is the most permanent form of memory storage

It requires a power supply to retain stored memory

It is used on an external device

Memory becomes volatile when you turn a device on

Answer: It requires a power supply to retain stored memory

Mr Burr

Geography



Today in Geography, 8D learned about volcanoes...

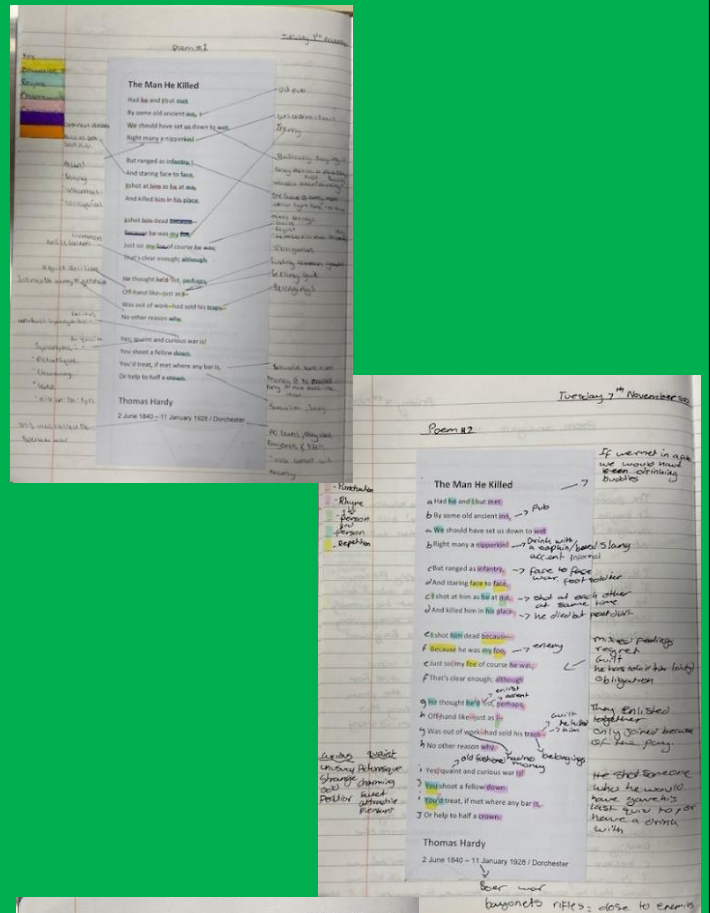


Miss Desgoutte

English



This half term, Year 8 are studying war poetry. Set 2 have been looking at Tom Hardy's 'The Man He Killed' this week (our 2nd poem so far). These are some of the detailed notes students have been making in class to help them understand the poem better, while also highlighting key techniques used. Well done class, next week is the poem everyone remembers 'Dulce et Decorum Est' by Wilfred Owen.



Mrs Grint

Remembrance at Grays Convent High School

Year 8's prepared a beautiful Service of Remembrance for all who have died, which included The Last Post and the Reveille played on the bugle by Mr White and the singing of the National Anthem. We especially prayed for peace in our world, that as foretold by the prophets Micah and Isaiah.

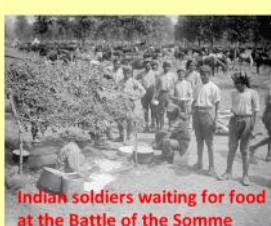
They will beat their swords into ploughshares
and their spears into pruning hooks.
Nation will not take up sword against nation,
nor will they train for war anymore. Micah 4:3 and Isaiah 2:4

We also had Remembrance Assemblies for all year groups and two minutes silence and reflection in Form Prayers on Friday. We reflected on the great sacrifice of all the Service Personnel from all the countries of the Commonwealth as well as from the United Kingdom and that most of us are related to someone who served in the World Wars or in other conflicts since then. In this Month of the Holy Souls we continue to pray for all who have died that through the mercy of God, they may rise to eternal life with him.

11th November Remembrance Day

In the two World Wars, Britain received help from around the world.

Help came from 5 different continents: Europe, North America, Australia, Asia and Africa.



Indian soldiers waiting for food at the Battle of the Somme



Indian Sikh soldiers praying

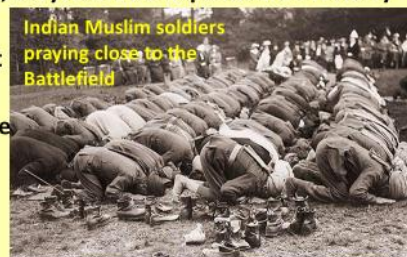


55,000 men from Africa fought for the British during the First World War. It is estimated that 10,000 Africans from Nigeria, Kenya, Ghana and many other African countries were killed. African troops were awarded 166 decorations for bravery.

Indian soldiers made up a third of the British army and played a vital role. Known for their reliability, they could be depended on to carry out any task at hand.

400,000 Muslim soldiers fought in the Great War.

Their names are engraved in the marble Memorial at Ypres and on the Menin Gate Memorial.



Indian Muslim soldiers praying close to the Battlefield

Roman Catholic Mass Celebrated on the Battlefield



Prayers were offered for the Victory of the King.



Soldiers shared food and tea as far as possible to celebrate Eid.

Eid in 1941

"In battlefields across the world today are the graves of people of all faiths and people of no faith, side by side. They fought together, they fell together, and together they defended the freedoms we enjoy today."
Former Prime Minister David Cameron

Probably every person in Britain is related to someone who gave their life or suffered and survived in the World Wars. We are all united through this shared history.

Jesus says **"No one has greater love than this, to lay down one's life for one's friends."** John 15:13 (NRSV)

And Jesus said **"I pray that they may all be one."**
Jn. 17:21

Prayer: Heavenly Father, please fill our hearts with love for all people that we may be united as brothers and sisters, to preserve the peace which so many suffered and died for. May we all be one.
We ask this in Jesus' name. Amen.



King George V

King George V (the father of our present Queen) dismounted from his horse to pay respect to two Algerian soldiers who were passing by.



Queen Elizabeth, the Queen Mother thanks soldiers from different countries.

Eternal rest grant unto them O Lord and let perpetual light shine upon them, may they rest in peace and rise in glory. Amen.

Please continue to let me know if you have any prayer requests.

God bless you,

Miss Carson

Justice & Peace Group


This week we were following on from Black History month with our guest speaker Mrs Aigbe, who spoke to the group about the history of Gospel Music and female pioneers such as Mahalia Jackson, the Clark Sisters (the longest serving Girl Gospel Group), Ulanda Admas the best selling Gospel artist of all time! Also trailblazers such as Mary, Mary, the sister duo who brought Gospel music into the mainstream in the 1990's, Tamela Mann who is a Gospel singer and actress in gospel themed musicals and Lisa McClendon who combines Gospel and Jazz techniques. Mrs Aigbe revealed her own hidden talent by demonstrating some beautiful Gospel singing for us which was amazing! Mrs Aigbe also showed a video message to GCHS from her friend Simone Brown who sings in the London Gospel Choir. The Justice & Peace Group really enjoyed the session and one of the Year 10 students wrote:

"The Justice and Peace Group had an enlightening session with our teacher, Miss Aigbe, as she talked about the origins of gospel singing. It was incredible to learn about the history and development of gospel music, and how it has been modernized to suit contemporary times. We appreciate Mrs Aigbe's educational expertise and dedication to enlightening us. On a side note, we were delighted to discover that Mrs Aigbe has a beautiful singing voice, as she gave us a little demonstration. Overall, it was a great session that taught us a lot. So, a big thank you to Miss Carson for organizing this special meeting, and a special thank you to Mrs Aigbe for the well-prepared PowerPoint, the thought-provoking video from Simone Brown and her amazing voice."

Ruby Van Vynck

Miss Carson

Key Dates and Events

Monday 13 th to Friday 17 th November	Anti-Bullying Week	Whole School
Friday 1 st December	Year 11 24 Hour Fast and Sleepover	Year 11
Wednesday 6 th December	Rise Above Day (students finish at 2:30pm)	Years 7-11
Thursday 7 th December	Christmas Jumper Day Parents Carol Service 6-7:30pm	Whole School
Friday 8 th December	PE CNAT Trip to Hadleigh	Year 10
Monday 11 th December	Christmas Concert in Hall – 7-9pm	Years 7-11
Tuesday 12 th December	Christmas Dinner – Canteen	Whole School
Thursday 14 th December	Christmas Cracker Event	Years 7-11
Wednesday 20 th December	School Carol Service	Years 7-11
Wednesday 20th December	Early closing for Christmas break Students dismissed at 11:45am	Whole School
Thursday 21st December - Wednesday 3rd January 2024	 Christmas Break 	Whole School
Thursday 4th January 2024	Spring Term commences Students to arrive for 8:25am start	Whole School

Pope Francis - Tweet of the Week



Pope Francis  @Pontifex · 20h

In every personal or social situation or circumstance of our life, the Lord is present. He calls to us to live in our own time, to share our lives with others, to mix in with the joys and sorrows of the world.

[#GeneralAudience](#)

 336

 768

 4.5K

 236K



Year 11 Mock Exam/NEA Timetable

Date	Period(s)	Subject	Paper	Duration	Venue/Extra timers max
2 Mon 13th November Line up 12.40	P1-7 P4 P5-7	Art 11J (KG) DT exam students lunch DT Exam 1 pupil clash	Mock	All Day 120	Room 16 Hall extra timers 30 mins
2 Tues 14th November Line up 12.40	P1-4 P4 P5-7	Y9 CATS P1-4 Lunch P4 with Y7 Mathematics Paper 1 Non calc F/H	CATS Mock	1-4 90 mins	Hall Hall Extra timers 25 mins
2 Wed 15th November Line up 8.20	P1-2 P3-4 P6-7	English Paper 1/A English Paper 1/B History Paper 2: Elizabeth	Mock	60 mins 45 mins 50 mins	Hall extra timers 15 mins Hall extra timers 15 mins Hall extras timers 15 mins
2 Thu 16th November Line up 8.20	P1-2 P3-4 P6-7	Media Paper 1 Computer Science Drama	Mock	90 mins 90 mins 45 mins	Hall extra timers 25 mins Hall extra timers 25 mins Hall extra timers 15 mins
2 Fri 17th November Line up 12.40	P1-2 P4 P5-7	Geography Paper 1 Lunch P4 with Y7 Biology Triple Science Biology Combined Synergy Paper 1	Mock	90 mins 105 mins 75 mins 105 mins	Hall extra timers 25 mins Hall extra timers 25 mins Hall extra timers 20 mins Hall extra timers 30mins
1 Mon 20th November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	English Paper 2 Section A English Paper 2 Section B Lunch P4 with Y7 Religious Education	Mock	80 mins 45 mins 105 mins	Hall extra timers 20 mins Hall extra timers 15 mins Hall extra timers 25 mins
1 Tues 21st November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	History P3: Nazi Germany Geography Paper 2 Lunch P4 with Y7 Physical Education	Mock	75 mins 60 mins 105 mins	Hall extra timers 20 mins Hall extra timers 15 mins Hall extra timers 30mins
1 Wed 22nd November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	English Literature: IC English Literature: R&J Lunch P4 with Y7 Chemistry Triple Science Chemistry Combined Synergy Paper 2	Mock	55 mins 50 mins 105 mins 75 mins 105 mins	Hall extra timers 15 mins Hall extra timers 25 mins Hall extra timers 20 mins Hall extra timers 30mins
1 Thu 23rd November Line up 8.20	P1 P2 P3 P4 P6-7	French Listening F French Listening H Spanish Listening F Spanish Listening H French & Spanish Reading F French & Spanish Reading H	Mock	35 mins 45 mins 35 mins 45 mins 45 mins 60 mins	Hall Extra timers 10 mins Hall Extra timers 12 mins Hall Extra timers 10 mins Hall Extra timers 12 mins Hall Extra timers 12 mins Hall Extra timers 15 mins
1 Fri 24th November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	French & Spanish Writing F French & Spanish Writing H Lunch P4 with Y7 Maths P2 Calc H/F	Mock	70 mins 80 mins 90 mins	Hall Extra timers 20 mins Hall Extra timers 20 mins Hall extra timers 25 mins
2 Mon 27th November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	Food Prep& Nutrition Above late to class P3 Lunch P4 with Y7 Maths P3 Calc H/F		105 mins 90 mins	Hall extra timers 25 mins Hall extra timers 25 mins
2 Tues 28th November Line up 8.20 Line up 12.40	P1-2 P3 P4 P5-7	Music Pupil mop up DT due to clash with Art Lunch P4 with Y7 Physics Triple Science Physics Combined	Mock Mock Mock	90 mins 120 mins 105 mins 75 mins	Hall extra timers 25 mins Large Dormer Hall extra timers 25 mins Hall extra timers 20 mins

All ready and waiting
for you Year 11



Year 11 Intervention 2023-2024

WEEK 1					
	Mon	Tues	Weds	Thurs	Fri
Lunch	Art–(KG rm16) Music		Photography (JL) History (LW)	Textiles (KP)	
After School	Science		Food (LC) Maths w/ Nilesh	Geography (DD, RM1)	

Week 2					
	Mon	Tues	Weds	Thurs	Fri
Lunch	PE (Aiming higher)-KW PE (Making the grade)-SF		Math (SMA) D&T	Math (PM)	Computing
After School		MFL (DPD)	Maths w/Nilesh RE (POH, Jan-May 24)	Drama MFL (SLE)	Maths (MAS GA,MT)

Option J	Option K	Option L	Option M
Fine Art	Art Textiles	Art Textiles	Computing
Drama	Design Tech.	Drama	Food
Food	French	Food	French
French	Geography	Geography	Geography
History	History	History	Media
Media	Media	Media	Music
	PE	Photography	Photography

Safeguarding our Children at Grays Convent

At Grays Convent our Designated Safeguarding Lead (DSL) is Mrs Collis, and our Safeguarding Officers are Mrs Wells and Mrs Bishop. Students can contact any of our Safeguarding Team during the school day.

Worried about a child?

You can phone or write to The MASH about your concerns. Phone immediately if you believe it is urgent.

- Thurrock MASH (Multi Agency Safeguarding hub), Civic Offices, New Road, Grays, Essex, RM17 6SL, Tel: **01375 652802**.
- Emergency Duty Team (for out of hours) **01375 372468**.
- Police Child Abuse Investigation Team **01277 266822** or call **999** if you are concerned a child needs immediate protection.
- Childline **0800 11 11** www.childline.org.uk
- NSPCC **0808 800 5000** www.nspcc.org.uk; www.facebook.com/nspcc

Mrs Collis

Internet Safety Tip – Safer Internet – Resources for Parents and Carers

Help to keep your child safe when they're using technology.

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

 UK Safer Internet Centre

[Online issues](#) ▾ [Guides and resources](#) ▾ [Training and events](#) ▾ [Safer Internet Day](#) ▾ [Blog](#) [Research](#) [About](#)



Phones

Guide to phones including top tips and advice about safety tools.



Laptops

Looking for advice on how to support your child in using a laptop safely and responsibly? Read our guide and FAQs.



Smart Speakers

Looking for advice on how to support your child in using a smart speaker safely and responsibly? Read our guide and...



Games Consoles

Looking for advice on how to support your child in using a games console safely and responsibly? Read our guide and FAQs...



Tablets



Smart TVs



Social media guides

Mr Burr

What Parents & Carers Need to Know about OFCOM'S 'CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES' REPORT 2023

Each year, Ofcom – Britain's regulatory body for communications – produces an overview of children and parents' media experiences across the previous year. The latest version has just been released, and we've pulled out some of the report's most thought-provoking findings which relate to online safety ...

97%

of children had access to the internet at home in 2022

89%

of children played video games

25%

played with people they didn't know

22%

talked to people they didn't know

POPULAR PLATFORMS

Most used by under-18s were ...



YouTube: 88%



WhatsApp: 55%



TikTok: 53%

Snapchat: 46%



Instagram: 41%

LIVE

PLAYING GAMES ONLINE

Who's playing – and at which age?



TALE OF THE TECH

Devices most often used to go online:



75% of 3-4s use tablets



86% of 5-7s use tablets



70% of 8-11s use tablets



96% of 12-15s use phones



97% of 16-17s use phones

PARENTAL CONCERNS

Parents and carers most commonly worried about their child ...

75%

seeing age-inappropriate content

18 CENSORED

70%

being cyber-bullied online



70%

seeing pro-self-harm content



65%

giving out personal details to strangers



65%

having their data collected by companies



National Online Safety

#WakeUpWednesday

Do*#!

3 in 10

children had experienced someone being nasty or hurtful to them on apps or platforms.

70%

of 12 to 17-year-olds were confident in their ability to identify a fake profiles. But 23% were unable to do so when tested.



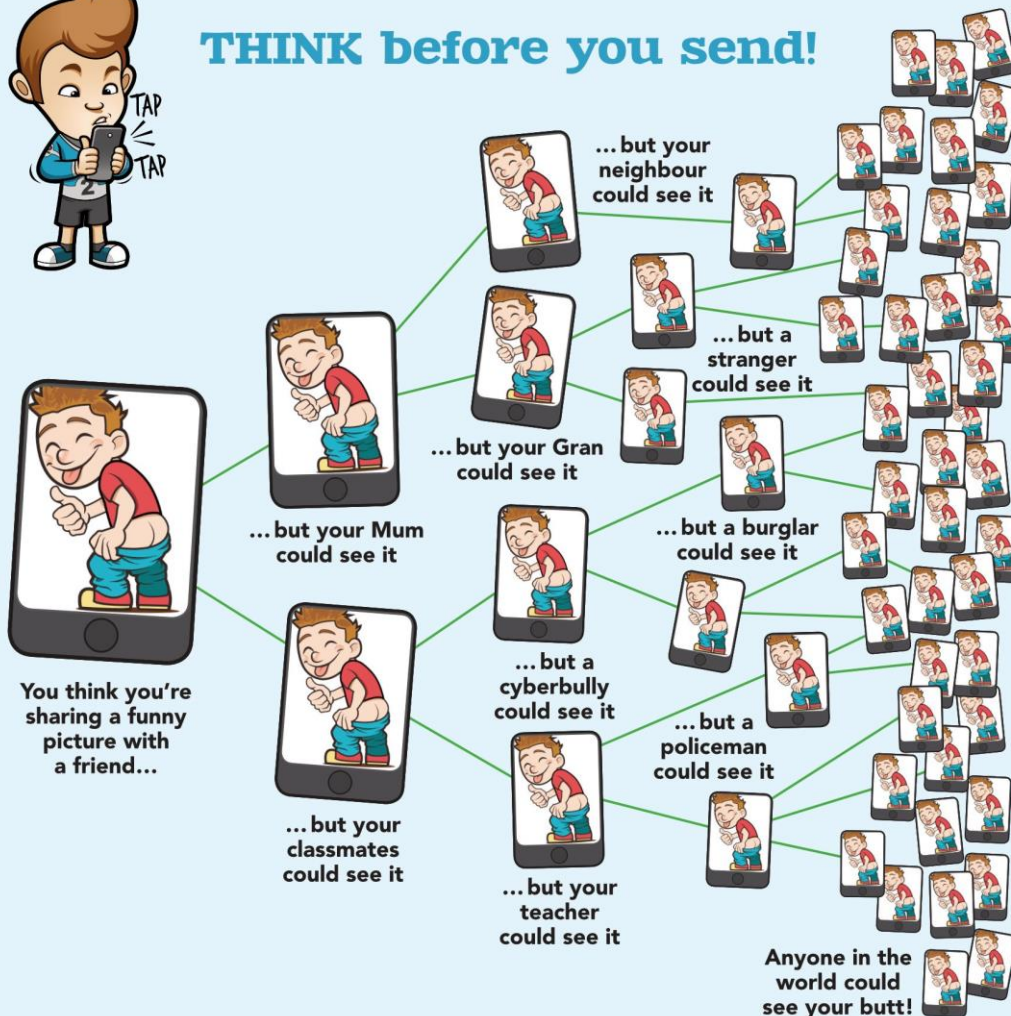
£38

children's average monthly spend on video games

Parent Guides to Online Safety



THINK before you send!



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



Skips

www.skipssafetynet.org

Walk Online Roadshow for Parents, Carers and Practitioners Wednesday 22nd November 2023 - 20:00 till 21:30

**THURROCK LOCAL
SAFEGUARDING
CHILDREN
PARTNERSHIP**

Thurrock LSCP have offered the Walk
Online Roadshow for all Years 5s.

We are pleased to be able to offer a
session for parents, carers and
practitioners.

This session explores how parents, carers
and practitioners can support their
children to navigate the online world.

Visit the website to access the link.

Please note that this session is for over 18s
only.

www.thurrocklscp.org.uk

An Awareness Raising Session for Parents and Carers to Increase Knowledge of Gangs and Child Criminal Exploitation

~~Thursday 14th September 2023~~

Thursday 7th December 2023

18.00 till 19.00

Via MS Teams

This session will identify the harms associated with gangs and county lines and will
look on practical advice on how to support a young person who you may be
concerned about in relation to Exploitation

To book your place visit www.thurrocklscp.org.uk



What's on in November 2023

Mondays				
Start	End	Activity	Age groups	How to join in
8.30am	12.00pm	Housing Advice for council Tenants		Book in advance 01375 413 820
9.30am	10.30am	Stay and Play	12 to 24 Months	All welcome

Tuesdays				
9.30am	11.30am	Triple P Baby Parenting Programme	Ante-natal or parents with a child aged 0-12 months	
11.00am	12.00pm	WellComm – Lets talk together	24 to 48 Months	Referral only
1.00pm	4.30pm	Domestic abuse and violence support		Book in advance
1.30pm	2.30pm	Stay and Play	0 to 12 Months	All welcome

Wednesdays				
9.00am	12.00am	Local Area Co-Ordinator Donna Burnett 29 th		Book in advance 07584 345 551
10.00am	12.00pm	EPEC - Living With a Teenager Parenting Group	Parents/Carers	Book in advance 01375 652 653
10.00am	12.30pm	Job club – Supported Families Employment Advisor	Parents/Carers	Book in advance 07776 245 301
1.30pm	2.30pm	Stay and Play - 1 st , 15 th , 22 nd and 29 th	24 to 60 Months	All welcome

Thursdays				
10.00am	11.00am	Childminder Support Group - 23 rd		Referral only
1.00pm	2.30pm	Parent/Carer Panel - 10 th		Referral only

Fridays				
9.30am	10.30am	Lets Talk Dental - 24 th	24 to 60 Months	Book in advance
10.00am	11.30am	Baby Weighing Clinic	0 to 60 Months	All Welcome
11.00am	12.00pm	Let's Talk to your Toddler	12 to 24 Months	Book in advance
1.30pm	2.30pm	Lets Talk to Your Toddler	12 to 24 Months	Book in advance

Saturdays				
10.00am	1.30pm	Dads and Partners Antenatal Group	info@parents1st.org.uk	Book in advance 01268 525 758 info@parents1st.org.uk



What's on in November 2023

Mondays				
Start	End	Activity	Age groups	How to join in
8.30am	12.00pm	Housing Advice for Council Tenants		Book in advance 01375 413820
9:00am	11:00am	Local Area Co-Ordinator – Helen Catterick		Book in advance 07710950318
9:30am	10:30am	Baby Rhyme Time	0 to 12 Months	All welcome
9:30am	10:30am	Bring a Story to Life Three Little Pigs - 6 th Billy Goats Gruff - 13 th Owl Babies - 20 th Goldilocks - 27 th	24 to 60 Months	All welcome
11:00am	12:00pm	Baby Massage	0 to 12 Months	Book in advance
11:00am	12:00pm	Bookstart Toddler	12 to 24 Months	Book in advance
1.30pm	2.30pm	Lets Talk to Your Baby	0 to 12 Months	Book in advance
2:00pm	3:00pm	Stay and Play	24 to 60 Months	All Welcome

Tuesdays				
9:30am	10:30am	Stay and Play	12 to 24 Months	All Welcome
11:00am	12:00pm	Fun with Mark Making – 7 th Fun with Painting – 14 th Fun with Gluing and Sticking – 21 st Fun with Instruments – 28 th	12 to 60 Months	All Welcome
1:00pm	4:30pm	Domestic abuse and violence support Call 07494167408		Book in advance
2:00pm	3:00pm	Messy Play	24 to 60 Months	All Welcome

Wednesdays				
9:00am	4:00pm	Midwife	Ante Natal	Book in advance
10:30am	11:30am	SEND - Just For You 1st, 15 th Specialist Health visitor, 22 nd , 29 th	0 to 60 Months	All welcome
11:00am	12:00pm	Stay and Play 1st, 15 th , 22 nd , 29 th	0 to 12 Months	All welcome
1.30pm	2.30pm	Let's Talk to your Toddler	12 to 24 Months	Book in advance
1:30pm	2:30pm	Fussy Eating Information and Advice 22 nd	24 to 60 Months	Book in advance
4.00pm	5.30pm	Young Carers		Referral only

Thursdays				
9:00am	4:00pm	Midwife	Ante Natal	Book in advance
9:30am	11:00am	Chatterbox	24 to 60 Months	Referral only
9:30am	11:00am	Parental Outreach advice session 30 th	Parents/Carers	Book in advance 01375 387894
1.30pm	2.45pm	Baby Weighing Clinic-- Drop In	0 to 60 Months	All Welcome
1.30pm	2.30pm	Play and Learn	24 to 60 Months	Book in advance
2:45pm	3:45pm	Baby Massage Acoms Community Centre, Headon Hall, Crawford Avenue, Stifford Clays, RM16 2AS	0 to 12 Months	Book in advance

Fridays				
9.30am	10.15am	Garden Group 17 th and 24 th	24 to 60 Months	All welcome
9.00am	1.00pm	Speech and Language Drop-In 6 th		Referral Only
9:00am	1:00pm	Early Interaction Advice Sessions	24 to 60 Months	Referral Only
10:00am	12:30pm	Job Club – Supported Families Employment Adviser		Book in advance 07776245301
11.15am	12.15pm	Let's Talk to your Baby	0 to 12 Months	Book in advance
1.30pm	2.30pm	Stay and Play 17 th and 24 th	0 to 12 Months	All welcome

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubs

GRANGEWATERS

OUTDOOR EDUCATION CENTRE



FESTIVE FUN DAY

Saturday 2 December 2023 10am to 3pm

Kick off the festive season
with outdoor fun for all ages.



Activities include:

**Archery, Campfire, Sailing, Crafts,
High Ropes and lots more!**



**Early bird offer,
book by Friday 24 November**

Under 6 free
Age 6 to 17 years £11
Age 18+ £15
Family ticket £45
(2 adults and 2 under 18s)


**From Saturday 25 November
prices will be**

Under 6 free
Age 6 to 17 years £14
Age 18+ £18
Family ticket £55
(2 adults and 2 under 18s)

**Cost of entry includes unlimited
access to all available activities.**

Web: thurrock.gov.uk/grangewaters

Email: grangewaters@thurrock.gov.uk

 @Grangewaters

**To book your tickets call:
01708 855 228**

INSPIRE YOUTH HUB
YOUR FUTURE

 thurrock.gov.uk