**GRAYS CONVENT HIGH SCHOOL**

**WELCOME TO THE DRAMA DEPARTMENT**

Hello and welcome to **DRAMA!** We are very excited about meeting you.

Drama skills help you to develop your confidence, performance skills, ability to work as part of a team and listening skills...to name a few!

**In the first term of Year 7 we will learn a new drama skill each lesson.**

Before you attend your first drama lesson we would like you to develop one of these skills.

The skill today is… **FREEZE FRAMES**

What is a Freeze Frame?

This is a frozen picture which communicates meaning. It can tell you something about a character or the relationships with others using space, levels, **body language and facial expression.**

TASK ONE: **FACIAL EXPRESSIONS**

Facial expressions are important in freeze frames. They tell us how characters are feeling e.g. if a character is worried their facial expression might look like the image below;



Experiment with creating a facial expression to show the below emotions;

* Sad
* Happy
* Angry
* Confused

Take a photo of these on your phone or on a camera

TASK TWO: **BODY LANGUAGE**

Body language is important in freeze frames. Body language is how you might stand and use your body to show the audience how you are feeling. E.g. if a character is happy their body language might look like this

Experiment with creating body language to show the below emotions;

* Sad
* Happy
* Angry
* Confused

Take a photo of these on your phone or on a camera.

Now that you have experimented with **FACIAL EXPRESSIONS** and **BODY LANGUAGE** it’s time for task three.

TASK THREE: **FREEZE FRAME**

Ask one, two or even three other members of your household to create a freeze frame (or picture) to create the below events;

* A happy family photograph
* A birthday party
* A day at the beach
* Waiting at a bus stop

Take a photo of these on your phone or on a camera.

***\*Remember\*: Include facial expressions and body language so we can see how the characters are feeling.***

**ACHIEVEMENT POINTS**

When you start at Grays Convent your drama teacher will ask you to see **ONE** of the photos (choose your favourite) The student with the best household freeze frame will be rewarded **5 achievement points!**



*Break a leg!*

*GCHS Drama Department*